Hit The Trail



Count: 32 Wand: 4 Ebene: Advanced Beginner

Choreograf/in: William Sevone (UK) - July 2012

Musik: Everybody Gonfi-Gon - Two Cowboys : (Single)



Choreographers note:- Fast n furious .. and includes the 'Mule Kick' option Dance start's with the first sound of the drums, feet apart and weight on left

2x Chasse-Full Turn Side Rock (12:00)

1& 2	Step right to right side, step left next to right, step right to right side.

3 - 4 Turn ½ right & step left to left side (6). Turn ½ right and rock right to right side (12).

5& 6 Step left to left side, step right next to left, step left to left side.

7 - 8 Turn ½ left & step right to right side. Turn ½ left & rock left to left side.

Side Cross. 2x Kick Ballcross. Side. 1/2 Side (6:00)

9 - 10	Step/recover onto right. Cross left over right.
11& 12	Kick right forward, step right next to left, cross left over right.
13& 14	Kick right forward, step right next to left, cross left over right.
15 - 16	Step right to right side. Turn ½ left & step left to left side (6).

2x Kick Ballcross. Side Rock. Recover. 2x Hip Slap (6:00)

16& 17	Kick right forward, step right next to left, cross left over right.
18& 19	Kick right forward, step right next to left, cross left over right.

21 - 22 Rock right to right side. Recover onto left

23 - 24 Push hip to right & slap butt with right hand. Push hip to left & slap butt with left hand.

Dance style: Count 23 - look over right shoulder. Count 24 - look over left shoulder.

Jump: In-Out-Cross. 1/2 Unwind. Jump Fwd: RL. Fwd. Fwd. 1/4 Touch (3:00)

&25&26	Jump feet together – R then L. Jump feet apart – R then L.
27 - 28	Jump together crossing right over left. Unwind ½ left (12).
29& 30	Jump forward – Right then Left. Step forward onto right.

Mule Kick Replace Counts 29&30 with the harder Mule Kick option:

29& 30 (29) jumping upward & kicking feet backward - slap left foot with left hand, (&) whilst placing

left foot to floor – slap right foot with right hand. (30) step right down next to left (weight even).

31 - 32 Step forward onto left. Turn ¼ right & touch right next to left.

DANCE FINISH: The dance finishes during the music fade on Count 16 of the 12th wall (facing 3:00)

To finish facing the 'Home' wall, simply replace Count 16 with:

Turn ¾ left & step forward onto left. (Then follow up with a step right next to left)