

Grenade

Count: 32

Wand: 2

Ebene: Novice

Choreograf/in: Shauni Dankers (BEL) - June 2012

Musik: Grenade - Bruno Mars



Intro: 32 counts

STEP FORWARD X2, CLOSE, TOUCH, CLOSE, STEP FORWARD, HEELSNAPS (X2), ROCK STEP 1/8 CROSS

- 1 RF step forward
- 2 LF step forward & RF close
- 3 LF touch 1/8 (left) forward
- & LF close
- 4 RF step forward
- & R+L lift your heels
- 5 R+L down
- & R+L lift your heels
- 6 R+L down
- 7 LF sidestep
- & RF step 1/8 right (12:00)
- 8 LF flick, step cross over RF

FULL TURN X2, ¼ ROCKSTEP

- 9-12 full turn right with a sweep
- & RF cross behind LF
- 13-14 full turn right
- 15 LF rock forward
- 16 turn ¼ right (3:00), weight RF

CROSS & CROSS, KICK STEP TOUCH, SHOULDER MOVES, ¼ SAILOR STEP

- 17 LF cross over RF & RF sidestep
- 18 LF cross over RF
- 19 RF kick forward
- & RF close
- 20 LF touch forward
- 21 leftshoulder up, rightshoulder down
- & rightshoulder up, leftshoulder down
- 22 leftshoulder up, rightshoulder down
- 23 LF turn ¼ left, cross behind RF
- & RF sidestep
- 24 LF sidestep

TOUCH X2, ½ PIVOT, TOUCH, HEADTURN

- 25 RF touch right diagonal forward
- 26 RF close
- 27 LF touch left diagonal forward
- 28 LF close
- 29 RF step forward
- 30 LF step ½ left
- 31 RF touch
- 32 rest
- 31-32 turn with your head, begin left

TAG+RESTART

Walls 4&10: after count 6

7 LV slide side

8 RV touch

Start again
