

Hot Sexy Mama

Count: 64

Wand: 4

Ebene: Improver

Choreograf/in: Francien Sittrop (NL) - May 2012

Musik: Hot Sexy Mama - Bouke



Intro: Start after 64 counts from the beginning (20 sec.)

[1 – 8] Toe struts x2 , Kicks x2, Step Back, Touch

- 1 – 4 Step on R toe fwd, Step R heel down , Step on L Toe fwd, Step L heel down (12.00)
- 5 – 6 Kick R fwd x2
- 7 – 8 Step R back, Touch L in front of R Toe

[9-16] Step Back & Touch x2 , Coaster Step , Scuff

- 1 – 2 Step L back , Touch R in front of L Toe
- 3 – 4 Step R back, Touch L in front of R Toe
- 5 – 8 Step L back, Step R next to L, Step L fwd , Scuff R fwd

[17-24] Lock Steps with Scuff x2

- 1 – 4 Step R fwd, Step L behind R, Step R fwd, Scuff L fwd
- 5 – 8 Step L fwd, Step R behind L , Step L fwd, Scuff R fwd

[25-32] Mambo fwd, Hold, Sailor ¼ R . Hold

- 1 – 4 Rock R fwd, Recover on L, Step R step Back, Hold (09.00)
- 5 – 8 Step L behind R with ¼ Turn L, Step R to R side, Step L next to R, Hold

[33-40] Swivels L , Hold and Clap, Swivels R , Hold and Clap

- 1 – 4 Swivel Both Heels L, Swivel Both Feet L, Swivel Both Heels , Hold and Clap
- 5 – 8 Swivel Both Heels R, Swivel Both Feet R, Swivel Both Heels R, Hold and Clap

[41-48] Side Mambo , Hold x2

- 1 – 4 Rock L to L side, Recover on R, Step L next to R, Hold **Restart Wall 5**
- 5 – 8 Rock R to R side , Recover on L, Step R next to L, Hold

[49-56] Heel Grinds x2, Shuffle with Scuff

- 1 – 2 L Heel Grind fwd
- 3 – 4 R Heel Grind fwd
- 5 - 8 Step L fwd, Step R next to L, Step L fwd, Scuff

[57-64] Mambo fwd , Hold, Coasterstep, Hold

- 1 – 4 Rock R fwd, Recover on L, Step R back, Hold
- 5 – 8 Step L back , Step R next to L , Step L fwd , Hold

Tags: After walls 2 & 4 The music stops .

Touch R fwd for 4 counts and start again with count 1.

Restart: During wall 5, Restart after count 44, Start again with count 1.

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