

Waltz At One

COPPER KNOB
BY STEPHEN METZ

Count: 24

Wand: 2

Ebene: Absolute Beginner

Choreograf/in: Linda Nyholm (CAN) - May 2012

Musik: Almost any waltz, best with a 24 count waltz



This is a great intro waltz for beginners—and a long-time fav with my class

[1-6] Twinkle left and right

1-2-3 Step left across right, right next to left, left next to right

4-5-6 Step right across left, left next to right, right next to left

[7-12] Forward and back basic waltz

7-8-9 Step fwd on left, right next to left, left next to right

10-11-12 Step back on right, left next to right, right next to left

[13-18] Forward $\frac{1}{4}$ basic, back basic

13-14-15 Step left fwd, turning $\frac{1}{4}$ to left, right next to left, left next to right

16-17-18 Step back on right, left next to right, right next to left

[19-24] Forward $\frac{1}{4}$ basic, back basic

19-20-21 Step left fwd, turning $\frac{1}{4}$ to left, right next to left, left next to right

22-23-24 Step back on right, left next to right, right next to left

Repeat

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