

My Friends

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Kim Liebsch (DK) - February 2012

Musik: Friends (feat. Rock Mafia) - Aura Dione



Intro: 16 counts from first beat in music. Start with weight on L foot.

1 section: Step side hold, sailor step, 2 X skate, coaster step

- 1-2 Step R to R side, hold 12:00
- 3&4 Cross L behind R, step R to R side, step L to L side 12:00
- 5-6 Skate fw on R, skate fw on L 12:00
- 7&8 Step back on R, step L next to R, step Fw on R 12:00

2 section: ¼ turn R recover, behind side step, ¼ turn L recover, 2 x point, step back

- 1-2 ¼ turn R stepping fw on L, recover on R 3:00
- 3&4 Cross L behind R, step R to R side, step fw on L 3:00
- 5-6 ¼ turn L stepping fw on R, recover on L 12:00
- 7&8 Point R fw, point R to R side, step back on R 12:00

3 section: Rock recover, lock step, point R ½ turn, scissor step

- 1-2 Rock fw on L, recover on R 12:00
- 3&4 Step back on L, lock step R in front of L, step back on L 12:00
- 5-6 Point R to R side, make ½ turn R, stepping R next to L 6:00
- 7&8 Step L to L side, step R beside L, cross L over R 6:00

4 section: Side rock, cross shuffle, step side, touch ¼ turn R , kick ball step

- 1-2 Step R to R side, recover on L 6:00
- 3&4 Cross R over L, step L to L, cross R over L 6:00
- 5 -6 Step L to L side, touch R next to L while turning ¼ R,(touching R toe- slightly bending knee) 9:00
- 7&8 Kick R fw, step R beside L, step fw on L 9:00

Good Luck & N'joy!

Ending: After first 2 counts (facing 6:00) make sailor ½ turn over left shoulder.
