

Seasons of The Wind

Count: 32

Wand: 4

Ebene: High Improver

Choreograf/in: Conor McVeigh (UK) - March 2012

Musik: Season Of The Wind - The Bellamy Brothers : (Album: Howard and David, track 2)



16 count intro

SECTION 1: WALK, WALK, SHUFFLE FORWARD, ROCK, SAILOR ¼ TURN.

- 1, 2 Walk forward right, Walk forward left
- 3&4 Step right forward, step left next to right, step right forward
- 5, 6 Left rock forward and recover
- 7&8 Step left behind right making ¼ turn to the left, step right next to left and step left forward (facing 9 O'Clock)

SECTION 2: HEEL, TOE, SHUFFLE FORWARD, HEEL, TOE, KICK OUT OUT

- 1, 2 Point right heel forward, point right toe back
- 3&4 Step right forward, step left next to right, step right forward
- 5,6 Point left heel forward, point left toe back
- 7&8 Kick left foot forward, step out left, step out right (facing 9 O'Clock)

SECTION 3: SWAY, SWAY, SAILOR ¼ TURN, WALK, WALK, KICK OUT OUT

- 1, 2 Sway left, Sway right
- 3&4 Step left behind right making ¼ turn to the left, step right next to left and step left forward
- 5,6 Walk forward right, Walk forward left
- 7&8 Kick right foot forward, step out right, step out left (facing 6 O'Clock)

SECTION 4: BEHIND, SIDE, CROSS SHUFFLE, STEP ¼, LEFT SHUFFLE

- 1,2 Step right behind left, Step left to left side
 - 3&4 Cross right across left and shuffle
 - 5,6 Step left and make a ¼ turn to the right
 - 7&8 Step left forward, step right next to left, step left forward (facing 9 O'Clock)
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