

# Irish Zumba Walk

Count: 64

Wand: 1

Ebene: Improver

Choreograf/in: Patrick Latendresse (CAN) - March 2012

Musik: The Landlord's Walk - Blair Douglas : (CD: Celtic Dance)



**Start dancing when fiddle start playing**

## **CROSS-ROCK, ROCK STEP, FULL TURN RIGHT, TRIPLE STEPS**

- 1&2 Cross right over left, recover weight on left (&), step right beside left
- 3&4 Cross left over right, recover weight on right (&), step left beside right
- 5-6 Step right forward, recover weight on left
- 7&8 Start turning full turn right on place while stepping right, left (&), right

**Optional: You could do a triple steps on place on count 7 &8**

## **CROSS-ROCK, ROCK STEP, FULL TURN LEFT, TRIPLE STEPS**

- 1&2 Cross left over right, recover weight on right (&), step left beside right
- 3&4 Cross right over left, recover weight on left (&), step right beside left
- 5-6 Step left forward, recover weight on right
- 7&8 Start turning full turn left on place while stepping left, right (&), left

**Optional: You could do a triple steps on place on count 7 &8**

## **HEEL SWITCH, RIGHT HOOK, HEEL SWITCH, LEFT HOOK**

- 1&2 Touch right heel forward, step right beside left (&), touch left heel forward
- &3 Step left beside right (&), touch right heel forward
- &4 Cross right foot over left knee (&), touch right heel forward
- &5 Step right beside left (&), touch left heel forward
- &6 Step left beside right (&), touch right heel forward
- &7 Step right beside left (&), touch left heel forward
- &8& Cross left foot over right knee (&), touch left heel forward, step left beside right (&)

## **HEEL SWITCH, RIGHT HOOK, HEEL SWITCH, LEFT HOOK**

- 1&2 Touch right heel forward, step right beside left (&), touch left heel forward
- &3 Step left beside right (&), touch right heel forward
- &4 Cross right foot over left knee (&), touch right heel forward
- &5 Step right beside left (&), touch left heel forward
- &6 Step left beside right (&), touch right heel forward
- &7 Step right beside left (&), touch left heel forward
- &8 Cross left foot over right knee (&), touch left heel forward

## **SYNCOPATED SIDE STEPS LEFT, MAMBO FORWARD, MAMBO BACKWORD**

- 1&2 Step on ball of left to side, drag right beside left (&), step on ball of left to side
- &3 Drag right beside left (&), step on ball of left to side
- &4 Drag right beside left (&), step on ball of left to side
- 5&6 Step right forward, recover weight on left (&), step right beside left
- 7&8 Step left backward, recover weight on right (&), step left beside right

## **SYNCOPATED SIDE STEPS RIGHT, MAMBO FORWARD, MAMBO BACKWORD**

- 1&2 Step on ball of right to side, drag left beside right (&), step on ball of right to side
- &3 Drag left beside right (&), step on ball of right to side
- &4 Drag left beside right (&), step on ball of right to side
- 5&6 Step left forward, recover weight on left (&), step right beside left
- 7&8 Step right backward, recover weight on left (&), step right beside left

### **SYNCOPATED FORWARD STEPS, STAMP, FAN RIGHT, STAMP, FAN LEFT**

- 1&2 Step on ball of left to side, drag forward (&), cross left over right
- &3 Drag right beside left (&), step on ball of left to side
- &4 Drag right forward (&), cross left over right
- 5&6 Hit the floor with right foot, move right toes to side (&), back to center
- 7&8 Hit the floor with left foot, move left toes to side (&), back to center

**Optional: You could step on ball of left forward, drag right behind than left and right if you don't want step side and cross forward.**

### **SYNCOPATED BACKWARD HITCHES, COASTER STEP, MAMBO FORWARD LEFT**

- &1 Lift up right knee (&), step right backward
- &2 Lift up left knee (&) step left backward
- &3 Lift up right knee (&), step right backward
- &4 Lift up left knee (&), step left backward
- 5&6 Step right backward, step left beside right (&), step right forward
- 7&8 Step left forward, recover weight on right (&), step left beside right

**Note: The fiddle will stop playing and music fades, you could stop dancing or continue until the music stop completely.**

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