

# Old Hag

**COPPER KNOB**  
BY SHEETS

Count: 32

Wand: 4

Ebene: Beginner - Polka

Choreograf/in: Joe Barker (USA) & Penny Barker (USA) - February 2012

Musik: Tell Me Ma - Sham Rock



## Alt. Music:-

Old Hag by the Corrs,  
Clarinet Polka by Lawrence Welk,  
Any Irish, Polka or Bluegrass music

## Hold - 32 Counts

### KICK TWICE, RIGHT SIDE STOMP, KICK TWICE, LEFT SIDE STOMP

- 1-2 Kick right foot in front twice
- 3&4 Right side stomps slightly to the side (stomp side, together, stomp side)
- 5-6 Kick left foot in front twice
- 7&8 Left side stomp slightly to the side (stomp side, together, stomp side)

### HIPS BUMPS & SWIVELS

- 1&2 Step right foot forward diagonally bumping hips forward twice
- 3&4 Shift weight to left foot bumping hips back twice
- 5-6 Swivel heels in, out
- 7&8 Swivel heels in, out in

### WALK, WALK, KICK FORWARD, MULE KICK BACK, TURN AND TOUCH, CROSS AND TOUCH

- 1-2 Walk right forward, Walk left forward
- 3-4 Kick right foot forward, Kick right foot directly back (Mule Kick)
- 5-8 Step forward on right turning  $\frac{1}{4}$  to right, touch left toe to the left, cross left foot over right foot, touch right toe to the side

**Easier Version 1 thru 4: Walk right forward, Walk left forward Touch right heel forward, Touch right toe in back**

### JAZZ BOX AND TOUCHES

- 1-4 Cross right foot over left, step left back, step right to the side, stomp left together
- 5-8 Touch right heel in front & step right foot together Touch left heel in front & step left foot together

## REPEAT

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Joe & Penny Barker | EMail: [countrycuzzins@wowway.com](mailto:countrycuzzins@wowway.com)  
Address: 19153 Wilfred, Roseville, Mi. 48066 - Phone: 586-777-7242

Country Cuzzins Dancin - Joe & Penny Barker (1-586-777-7242)  
E Mail: [pennymaedance@yahoo.com](mailto:pennymaedance@yahoo.com) - [countrycuzzins@wowway.com](mailto:countrycuzzins@wowway.com)

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