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Count: 80

Wand: 4

Ebene: Phrased Intermediate - Lilt

Choreograf/in: Marcus Zeckert (DE) - February 2012

Musik: The Twist - Fat Boys & Chubby Checker



Start on vocals - after 16 counts - Sequences: A B B A B B A B B A B A A A A

Sequence A

Section A1: [1 – 8] Swivel moves right, clap, heel swivels and clap

- 1, 2, 3 Swivel heels, toes, heels right
- 4 Clap
- 5 Swivel heels left
- 6 Clap
- 7 Swivel heels right
- 8 Clap

Section A2: [9 – 16] Swivel moves right, clap, heel swivels and clap

- 9, 10, 11 Swivel heels, toes, heels left
- 12 Clap
- 13 Swivel heels right
- 14 Clap
- 15 Swivel heels center
- 16 Clap

Section A3: [17 – 24] Toe struts forward

- 17, 18 Toe strut right forward
- 19, 20 Toe strut left forward
- 21, 22 Toe strut right forward
- 23, 24 Toe strut left forward

Section A4: [25 – 32] Double kick, stomp, clap, grapevine right, touch

- 25, 26 Kick right foot forward twice
- 27 Stomp right foot next to left foot
- 28 Clap
- 29 & 30 Step right foot side right
- 30 Cross left foot behind right foot
- 31 Step right foot side right
- 32 Touch left foot next to right foot

Section A5: [33 – 40] Grapevine left, scuff, stomp and clap twice

- 33 Step left foot side left
- 34, 35 Cross right foot behind left foot
- 35 Step left foot side left
- 36 Scuff with right foot next left foot
- 37 Stomp right foot diagonally right forward
- 38 Clap
- 39 Stomp left foot diagonally left forward
- 40 Clap

Section A6: [41 – 48] Toe strut jazz box, stomp, clap

- 41, 42 Right toe strut across left foot
- 43, 44 Left toe strut back

- 45, 46 Right toe strut side with ¼ turn right (3.00)
- 47 Stomp left foot next to right foot
- 48 Clap

Sequence B

Section B1: [1 – 8] Step touches diagonally right and left

- 1 Step right foot diagonally right forward
- 2 Touch left foot next to right foot
- 3 Step left foot diagonally left forward
- 4 Touch right foot next to left foot
- 5 Step right foot diagonally right back
- 6 Touch left foot next to right foot
- 7 Step left foot diagonally left back
- 8 Touch right foot next to left foot

Section B2: [9 – 16] Monterey turn, points side

- 9 Point right foot right side
- 10 ½ turn right and step right foot next left foot (9.00)
- 11 Point left foot left side
- 12 Step left foot next right foot
- 13 Point right foot right side
- 14 move arms to left side and snap fingers in shoulder height
- 15 Point right foot across left foot
- 16 Move arms to right side and snap fingers in shoulder height

Section B3: [17 – 24] Grapevine right and left

- 17 Step right foot side right
- 18 Cross left foot behind right foot
- 19 Step right foot side right
- 20 Touch left foot next right foot
- 21 Step left foot left side
- 22 Cross right foot behind left foot
- 23 Step left foot left side
- 24 Touch right foot next left foot

Section B4: [25 – 32] Knee rolls out, twisting steps – bend knees!

- 25, 26 Roll right knee out and step slightly forward, hold
- 27, 28 Roll left knee out and step slightly forward, hold
- 29 Stepping right foot forward and twisting both knee s in
- & Both knees out
- 30 Stepping left foot forward and twisting both knee s in
- & Both knees out
- 31 Stepping right foot forward and twisting both knee s in
- & Both knees out
- 32 On balls of your feet, stepping left foot next to right foot and twisting both knee s in

(Info: The facing at the sequences A and B means only the first rotation!)

At the last rotation, 4th time sequence A, dance the toe strut jazz box with ¼ turn left and you will end at the front wall!

Dance ... if you can !

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