

# Keepin' it country

Count: 40

Wand: 4

Ebene: Improver

Choreograf/in: Nathalie Lagache (FR) - February 2012

Musik: Keepin' It Country - Jake Owen



**Start: 24 counts**

**(1-8 ) Stomp Up, recover, cross shuffle, point ¼ turn, stomp up, triple step**

- 1-2 Stomp R in front of L, Recover step on the right,
- 3 & 4 cross L over R, step R to R side , cross L over R
- 5-6 touch L side with R, ¼ R turn with stomp of the R foot ahead (3h00)
- 7& 8 L step, R step, L step recover

**(9-16) Out out, in in, points, rock step ¼ turn, side, swivels heel-toes-heel ,clap**

- 1-2 little Jump foot L on L foot R on R, little jump foot R next to foot L
- 3& Touch L side with R (3), then back L with R (&)
- 4-5-6 Back Rock Step With R and ¼ turn R, recover on L (4-5), R away on the R side (6) (6h00)
- 7&8 Swivel with L foot to the R : L heel, then L toes, then L heel with clap

**(17-24) ¼ turn Bump x2 clap, heel ball change, kick ball cross, Vine to Right**

- 1 – 2 ¼ turn L on first L.Bump, clap second L.Bump
- 3&4 R.Heel forward, step right in place, step left in place
- 5 &6 Kick R forward, step right in place, L. cross over R
- 7&8 R to R side, L behind, R to R side

**(25-32) 1 ¼ turn, step x 2, hitch, sailor step ¼ turn**

- 1 -2 ¼ turn L with L forward (1), ¼ turn L weight on both feet(2),
- 3&4 ¾ turn L with L forward (3), step R(&), step L (4)
- 5 - 6 Hitch R knee ,recover R forward
- 7 - 8 Cross left behind right with ¼ turn, Step right to right side, Step left forward.

**(33-40) Skate R, Skate L, R.shuffle , skate R, SkateL, L shuffle**

- 1 – 2 Skate R forward to L diagonal, Skate L forward to L diagonal,
- 3 & 4 Step R fwd, Step L next to R, Step R fwd to L diagonal.
- 5 – 6 Skate L forward to L diagonal, Skate R forward to L diagonal,
- 7 & 8 Step L fwd, Step R next to L, Step L fwd to L diagonal.