Got My Country On

Count: 64

Ebene: Intermediate

Choreograf/in: Yvonne Anderson (SCO) - January 2012 Musik: Got My Country On - Chris Cagle

Alternate track: for something faster with no restarts - Redneck Woman by Gretchen Wilson

Notes: Start on main vocal. The numbers in brackets [] indicate which wall you should be facing at the end of each movement. When using the recommended track there are 3 restarts during walls 2.4 and 5. Walls 2 and 5 dance counts 1-16 (wall 2 facing 6, wall 5 facing 12) start again, Wall 4 dance counts 1-24, (now facing 6) start again.

[1-8] RUNNING LOCK STEPS R and L, HOLD

- Step R forward to right diagonal, Lock L behind right, Step R forward to right diagonal, Step L 1-4 forward to left diagonal [10.30]
- 5-8 Lock R behind left, Step L forward to left diagonal, Step R to right squaring off to wall, Hold [12]

[9-16] KICK-BALL-HEEL, HOOK, STEP, TWIST, TWIST, HOLD

- kick L forward, Step L in place, Touch R heel forward, Hook R heel across left shin, Step R 1-6 forward [12]
- On balls of feet twist 1/4 left, On balls of feet twist 1/4 right weight ends on left, Hold [12] 7-8 ***RESTART: walls 2 & 5 (wall 2 facing 6 o'clock, wall 5 facing 12 o'clock)

[17-24] RIGHT COASTER STEP. HOLD. MAMBO 1/2 TURN LEFT. HOLD

- 1-4 Step R back, Step L beside right, Step R forward, Hold [12]
- Rock L forward, Recover weight on R, Make 1/2 turn left stepping L forward, Hold [6] 5-8
- ***RESTART: wall 4 (facing 6 o'clock) ***

[25-32] ROLLING 1 and 1/4 LEFT, HOLD, ROCK BACK, RECOVER, SIDE, 1/2 RIGHT

- 1-4 Make 1/2 turn left stepping R back, Make 1/2 turn left stepping L forward, Make 1/4 turn left stepping R to side, Hold [3]
- Rock L back behind right, Recover weight on R, Step L to left, On ball of L make 1/2 turn right 5-8 hitching right in front of left shin [9]

[33-40] SIDE SHUFFLE, HOLD, LEFT CROSS ROCK, RECOVER, SIDE, HOLD

- 1-4 Step R to right, Step L beside right, Step R to right, Hold [9]
- Rock L across right, Recover weight on R, Step L to left, Hold [9] 5-8

[41-48] RIGHT CROSS ROCK, RECOVER, SIDE, HOLD, STEP, 1/2 TURN RIGHT, STEP, HOLD

- 1-4 Rock R across left, Recover weight on L, Step R to right, Hold [9]
- 5-8 Step L forward, Make 1/2 turn right taking weight on R, Step L forward, Hold [3]

[49-56] HEEL LIFT 1/4 RIGHT, DROP, BEHIND, SIDE CROSS, HOLD, HEEL LIFT 1/4 LEFT, DROP

- Lift both heels off floor, Make 1/4 turn right and drop heels to floor [6] 1-2
- 3-6 Step R behind left, Step L to left, Step R across left, Hold [6]
- 7-8 Lift both heel off floor, Make 1/4 turn left and drop heels to floor [3]

[57-64] ROCK BACK, RECOVER, SIDE, HOLD, BEHIND, 1/4 LEFT, STEP 1/2 TURN LEFT

- 1-4 Rock L back behind right, Recover weight on R, Step L to left, Hold [3]
- 5-8 Step R behind left, Make 1/4 turn left stepping L forward, Step R forward, Make 1/2 turn left taking weight on L [6]





Wand: 2