Ain't That A Shame



Count: 48 Wand: 4 Ebene: Beginner

Choreograf/in: Adrian Helliker (FR) - 2010

Musik: Ain't That a Shame? - Fats Domino



Intro: Start on the word 'shame'

SECTION 1: STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF

Step right forward, left lock behind right 1-2 3-4 Step right forward, scuff left forward 5-6 Step left forward, right lock behind left 7-8 Step left forward, scuff right forward

SECTION 2: ROCK FORWARD RECOVER, BACK TOE STRUTS x 3

1-2 Rock right forward recover onto left

3-4 Step back on right toe, drop heel taking weight 5-6 Step back on left toe, drop heel taking weight 7-8 Step back on right toe, drop heel taking weight

Options: section 2 steps 4-6-8 - click your fingers

SECTION 3: SLOW COASTER, HOLD, KICK BALL CHANGE x 2

1-2 Left back, right beside left

3-4 Left forward, hold

5&6 Kick right forward, right foot beside left, left foot forward 7&8 Kick right forward, right foot beside left, left foot forward

SECTION 4: JAZZBOX WITH TURN, JAZZBOX IN PLACE1/4

Right cross in front of left, left back 1-2

3-4 Right to right side with turn right, left beside right 1/4

5-6 Right cross in front of left, left back 7-8 Right to right side, left beside right

SECTION 5: MONTEREY HOLDS

1-2 Right toe to right side with hold

3-4 Pivot on left foot and make turn to right, right foot beside left ½

5-6 Left toe to left side with hold 7-8 Left foot beside right with hold

SECTION 6: MONTEREY HOLDS

Right toe to right side with hold 1-2

3-4 Pivot on left foot and make turn to right, right foot beside left1/2

5-6 Left toe to left side with hold Left foot beside right with hold 7-8

Contact: www.wildwestlinedancers.com

WILD WEST Line Dancers