

4 to 1

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Marie Sørensen (TUR) & Roz Chaplin (UK) - November 2011

Musik: 4 to 1 in Atlanta - Tracy Byrd



Intro: 32 Counts

Step ½ Turn, Step Hold & Clap, Step ¼ Turn, Cross, Hold & Clap

- 1-2 Step fwd. Right, ½ turn Left, step fwd. Left
- 3-4 Step fwd. Right, hold & clap
- 5-6 Step fwd. Left, ¼ turn Right (Weight on Right)
- 7-8 Cross Left in front of Right, hold & clap (09:00)

Grapevine Right, Cross, Side, Rock, Recover, Cross, Side

- 1-2 Step Right to Right side, cross Left behind Right
- 3-4 Step Right to Right side, cross Left over Right
- 5-6 Rock Right to Right side, recover onto Left
- 7-8 Cross Right over Left, step Left to Left side

Restart the dance here during wall 5 (09:00)

Point. Touch, Point, Hold, Coaster Step, Hold

- 1-2 Point Right to Right side, touch Right beside Left
- 3-4 Point Right to Right side, hold
- 5-6 Step back on Right, step Left beside Right
- 7-8 Step fwd. Right, hold (09:00)

Paddle ¼ Turn, Paddle ¼ Turn, Jazz Box, Touch

- 1-2 Step forward Left, Pivot ¼ turn Right
- 3-4 Step forward Left, Pivot ¼ turn Right (03:00)
- 5-6 Cross Left over Right, step back on Right
- 7-8 Step Left to Left side, Touch Right beside Left (03:00)

Restart: During wall 5, after 16 counts, start the dance from the beginning – (09:00)

Have Fun!
