

# You Better Stop

Count: 32

Wand: 4

Ebene: Intermediate NC

Choreograf/in: Maryloo (FR) - October 2011

Musik: Stop - Sam Brown : (Album: The Very Best of Sam Brown)



Intro: 16 counts

## SWAY TO SIDE, L. ROLLING VINE, R. ROLLING VINE, STEPS ( L.R.), CROSS, BACK, BACK

- 1 Step right swaying to right
- 2&3  $\frac{1}{4}$  turn left stepping left forward,  $\frac{1}{2}$  turn to left stepping right right back,  $\frac{1}{4}$  turn left stepping left to side
- 4 &5  $\frac{1}{4}$  turn right stepping right forward,  $\frac{1}{2}$  turn right stepping left back,  $\frac{1}{4}$  right stepping right to side,
- & 6  $\frac{1}{4}$  turn right stepping left forward, step right forward (3.00)
- 7&8 Cross left sweeping over right, step right back, step left back

## R. COASTER STEP, RUN FORWARD (L.R.L.), ROCK BACK, RECOVER, $\frac{1}{2}$ TURN LEFT STEPPING R. BACK, SAILOR $\frac{1}{4}$ TURN LEFT

- 1&2 Big step right back, drag left together, step right forward
- 3&4 Step left forward, step right forward, step left forward
- 5-6 Rock right back, recover on left
- &  $\frac{1}{2}$  turn left stepping right back (9.00)
- 7&8 Step left slightly behind right,  $\frac{1}{4}$  turn left stepping right next to left, step left slightly forward (6.00)

Restart here during 6th wall ( 3.00) – ( 6th wall begins facing 9.00) – RESTART FACING 3.00, this will begin 7th wall

Tag here during 8th wall ( 6.00) : make a Hold during 4 counts and continue the dance

## BALL/POINT TO SIDE WITH A $\frac{1}{4}$ TURN TO RIGHT, $\frac{1}{4}$ LEFT & DROP L., FULL TURNS (1/4-1/2-1/2-1/2) , STEP, STEP, RUN FORWARD ( R.L.R.), ROCK FORWARD

- &1 Ball/step right on place with a  $\frac{1}{4}$  turn right, touch/point left to side (9.00)
- 2  $\frac{1}{4}$  turn to left and drop left foot in place ( 6.00)
- &3  $\frac{1}{4}$  turn left stepping right back ( 3.00),  $\frac{1}{2}$  turn left stepping left forward (9.00)
- &4  $\frac{1}{2}$  turn left stepping right back (3.00),  $\frac{1}{2}$  turn left stepping forward (9.00)
- &5 Step right forward, step left forward
- 6&7 Step right forward, step left forward, step right forward
- 8& Rock left forward, recover on right

## L. BACK , R. BACK WITH SWEEPING, BEHIND, SIDE, CROSS (R. & L. SIDE), RECOVER, SWAYING R. & L.

- 1 Step left back sweeping right from front to back
- 2 Step right back sweeping left from front to back
- 3&4 Step left behind right, step right to side, cross left over right
- 5&6 Step right behind left, step left to side, cross right over left

Restart here during 3rd wall after 5&6&.....( 3.00)

- 7&8 Recover back on left, step right swaying to right side, step left swaying to left side

RESTART :

On the 3rd wall, there is a restart at the 30 th count :

- 5&6& Step right behind left, step left to side, cross right over left , recover on left( &) then restart from the beginning (3.00)

On the 6th wall , dance up the 16 first counts and then restart from the beginning (3.00)

**TAG:** On the 8th wall after 16 counts ( 6.00), add 4 counts HOLD before continuing the dance  
**Option:** Cross right over left (lock) and make an UNWIND full turn to the left during the 4 counts  
**Easy option:** Describe a circle by raising arms stretched out in front of the body and get down again them laterally.

**Have Fun !**

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**Last Update: 30 May 2024**

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