

# Lightning Express

**COPPER** **NOB**  
STEPSHEETS

Count: 48

Wand: 4

Ebene: Intermediate

Choreograf/in: Shanthie De Mel (AUS) - October 2011

Musik: Lightning Express - The Everly Brothers



**Begin: Wt. on L. 12 count instrumental intro. Start on vocals. (Rotation CCW)**

**Split floor dance to Beginner dance FARE CHANCE to the same music, by Shanthie De Mel.**

## **WALTZ BACK. FWD. SLOW KICK**

1, 2, 3 Step R back. Close L to R. Step R in place  
4, 5, 6 Step L fwd. Slow kick R fwd for 2 counts (12:00 )

## **BACK. CROSS. BACK. (REPEAT ON OTHER FOOT)**

1, 2, 3 Step R back diag to right side. Cross L over R. Step R back diag  
4, 5, 6 Step L back diag to left side. Cross R over L. Step L back diag (12:00)

## **CROSS. HOLD. HOLD. ROCK SIDE. RETURN. BACK**

1, 2, 3 Cross R over L. Hold. Hold  
4, 5, 6 Rock L to left side. Return R in place. Step L behind R heel (12:00)  
**(Styling: At cross-hold, bend both knees & spread out arms to each side.)**

## **CROSS. HOLD. HOLD. ROCK SIDE. RETURN. BACK**

1, 2, 3 Cross R over L. Hold. Hold  
4, 5, 6 Rock L to left side. Return R in place. Step L behind R heel (12:00)  
**(Styling: At cross-hold, bend both knees & spread out arms to each side.)**

## **SAILOR WALTZ BACK x2**

1, 2, 3 Cross R behind L. Step L to left side. Step R to right side.  
4, 5, 6 Cross L behind R. Step R to right side. Step L to left side. (12:00)

## **SIDE SWAY. TOUCH. HOLD. (TO RIGHT & LEFT)**

1, 2, 3 Step R to right side swaying. Touch L to R. Hold.  
4, 5, 6 Step L to left side swaying. Touch R to L. Hold. (12:00)

## **FWD LOCK WALTZ x2**

1, 2, 3 Step R fwd. Lock L behind R. Step R fwd  
4, 5, 6 Step L fwd. Lock R behind L. Step L fwd (12:00)

## **SLOW PADDLE 1/4 LEFT. BACK DRAG**

1, 2, 3 Step R fwd. Turn 1/4 left (\*)keeping weight on R for 2 counts  
4 - 6 On L take a big step diag back with a drag pointing R diag fwd for 3 counts (9:00)

**Ending (optional) At count 44\* of last rotation make 3/4 turn left on L to face 12:00 (2 counts)**

**Step R to right side (3 counts).**

**This dance is dedicated to my class mate Hyacinth Ragel-Jones of Sydney, with fond memories of yester year & 'The Everly Brothers in Concert singing Lightning Express' !**