

6 Feet Under

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Willie Brown (SCO) - May 2011

Musik: Bury Me (6 Feet Under) - Alexandra Burke : (Album: Overcome)



Intro – [32 counts - approx 14 seconds] - No Tags & no restarts!!!

Section 1: TOE TOUCH-STEP DOWN x2, KICK BALL CHANGE x2

- 1,2 Swiveling to Right diagonal touch Right toe forward, step down on Right
- 3,4 Swiveling to Left diagonal touch Left toe forward, step down on Left
- 5&6 Straightening up kick Right foot forward, step down on Right, step Left beside Right
- 7&8 Kick Right foot forward, step down on Right, step Left beside Right

Section 2: TOE TOUCH-STEP DOWN x2, KICK BALL CHANGE x2

- 1-8 Repeat Section 1

Section 3: JAZZ BOX WITH POINT, ROLLING TURN TO LEFT

- 1,2 Cross Right over left, step back on Left
- 3,4 Step Right to Right side, point Left to left side
- 5,6 Turn $\frac{1}{4}$ Left taking weight on left, turn $\frac{1}{2}$ Left and step back on Right
- 7,8 Turn $\frac{1}{4}$ left and step left to left side, touch Right beside left

Section 4: CHASSE ROCK BACK, RECOVER x2

- 1&2 Step Right to Right, step Left beside Right, step Right to Right side
- 3,4 Rock back on Left, recover weight forward on Right
- 5&6 Step Left to Left side, step Right beside Left, step Left to Left side
- 7,8 Rock back on Right, recover weight forward on Left

Section 5: SIDE STRUT, $\frac{1}{2}$ HINGE TOE STRUT, $\frac{1}{2}$ HINGE TOE STRUT, CROSS ROCK, RECOVER

- 1,2 Touch Right toe to Right side, step down on Right
- 3,4 Turn $\frac{1}{2}$ Right and touch Left toe to Left side, step down on Left
- 5,6 Turn $\frac{1}{2}$ Right and touch Right toe to Right side, step down on Right
- 7,8 Rock Left across Right, recover weight back on Right

(Easier option – take turns out and just ‘side strut, cross strut, side strut, cross rock, recover’)

Section 6: SIDE STRUT, $\frac{1}{2}$ HINGE TOE STRUT, $\frac{1}{2}$ HINGE TOE STRUT, CROSS ROCK, RECOVER

- 1,2 Touch Left toe to Left side, step down on Left
- 3,4 Turn $\frac{1}{2}$ Left and touch Right toe to Right side, step down on Right
- 5,6 Turn $\frac{1}{2}$ Left and touch Left toe to Left side, step down on Left
- 7,8 Rock Right across Left, recover weight back on Left

(Easier option – take turns out and just ‘side strut, cross strut, side strut, cross rock, recover’)

Section 7: SIDE, CROSS, SIDE, BEHIND, $\frac{1}{4}$ TURN, SIDE, BEHIND, SIDE

- 1,2,3 Step Right to Right side, cross Left over Right, step Right to Right side
- 4,5 Cross Left behind Right, turn $\frac{1}{4}$ Right and step forward on Right
- 6,7,8 Step Left to Left side, cross Right behind Left, step Left to Left side

Section 8: CROSS ROCK, RECOVER, CHASSE, CROSS, SIDE, BEHIND-SIDE-CROSS

- 1,2 Rock Right over Left, recover weight back on Left
- 3&4 Step Right to Right, step Left beside Right, step Right to Right side
- 5,6 Cross Left over Right, step Right to Right side
- 7&8 Cross Left behind Right, step Right to Right side, cross Left over Right

...START AGAIN...

ENDING; The music will finish at the end of the 7th wall so add a ¼ turn Right during the 'behind-side-cross' at the end of the dance to finish facing the front.

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