

# I Keep Forgetting - Ultra

**COPPER** **KNOB**  
BYEPOSTNETS

Count: 16

Wand: 2

Ebene: Beginner Cha Cha

Choreograf/in: Charlotte Neckelmann (DK) - May 2011

Musik: I Keep Forgetting - Lee Ann Womack & Vince Gill : (CD: Fever 12)



32 count intro

Music Suggestion:- 'Lonely Planet' (114 bpm) by Bellamy Brothers from 'Lonely Planet' CD.

**Step right. Cross Rock, Recover. Left Chasse Back Rock. Right Shuffle Forward**

1-2 -3 Step right to right side (1) Cross rock left over right (2) Recover into right.(3)

4&5 Step left to left side(4) Close right beside left(&) Step left to left side(5)

6 - 7 Rock right back (6) Recover into left (7)

8&1 Step right forward(8)Close left beside right(&) Step right forward(1) [12:00]

**Rock and turn ½ turn. Rock and Step back. Step back left touch right .**

2&3 Rock left (2) Turn left ½, Recover right (&) Step left(3) [6:00]

4&5 Rock right (4) recover left(&) Step right back(5) [9:00]

6 - 7 Step to left back (6) Touch right beside left(7)

8& Right to right side(8)Close left beside right(&)

Start Again

In the end facing 12:00 the music stops and starts again. DON'T stop the dance, continue to the end.

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