

# Extremely Perfect

**COPPER** **NOB**  
BY STEPHEN

Count: 32

Wand: 2

Ebene: Intermediate

Choreograf/in: Olivia - April 2011

Musik: F\*\*kin' Perfect - P!nk



**Intro: 32 counts**

## **Catwalk Forward , English Cross $\frac{1}{4}$ , Anticlockwise Arc Step , Rock, Recover , Sailor Cross**

- 1-2 Cross walk right foot over left foot , cross walk left foot over right foot  
&3 Turn  $\frac{1}{4}$  left small stepping right foot to right side , cross left foot over right foot  
&4& Turn  $\frac{1}{4}$  left stepping right foot back , lock left foot over right foot , turn  $\frac{1}{4}$  left stepping right foot back  
5-6 Rock left foot to left side , recover weight on right foot  
7&8 Cross left foot behind right foot , step right foot to right side , cross left foot over right foot

## **Botafogo , Side , Drag Ball Cross , Heel Jack**

- 1&2 Rock right foot to right side , recover weight on left foot , cross right foot over left foot  
3&4 Rock left foot to left side , recover weight on right foot , cross left foot over right foot  
5-6 Long step right foot to right side , drag left foot towards right foot  
&7&8 Step left foot in place , cross right foot over left foot , step left foot to left side , dig right heel diagonally to right

## **Ball Cross , Hold , Syncopated Crossing Shuffle , Syncopated Rock Step**

- &1-2 Step right foot in place , cross left foot over right foot , hold  
&3&4 Small step right foot to right side , cross left foot over right foot , small step right foot to right side , cross left foot over right foot  
5-6& Rock right foot to right side , recover weight on left foot , step right foot beside left foot  
7-8 Rock left foot to left side , recover weight on right foot

## **Sailor $\frac{1}{4}$ , Pivot $\frac{1}{2}$ , Kick , Lunge , Recover , Coaster Hitch**

- 1&2 Turn  $\frac{1}{4}$  left crossing left foot behind right foot , step right foot to right side , step left foot to left side  
3-4 Step right foot forward , turn  $\frac{1}{2}$  left  
5&6 Kick right foot forward , press down right foot ( body slightly leans forward ) , recover weight on left foot ( return body to centre )  
7&8 Step right foot back , step left foot beside right foot , lift up right foot

### **Tags:**

#### **At the end of wall 2 , add**

- 1-2& Rock right foot to right side , recover weight on left foot , step right foot beside left foot  
3-4 Step left foot to left side , touch right toes beside left foot

#### **At the end of wall 6 , add**

- 1-4 Hip bump right , left , right , left