In Your Heart



Count: 40 Wand: 2 Ebene: High Intermediate NC2

Choreograf/in: Malene Jakobsen (DK) - March 2011

Musik: Without You - Laura Pausini : (Album: From The Inside)



Intro: 16 counts, 17 seconds into track just before vocals, dance begins with weight on R.

[1-8]	Ste	p ½ with	sweep.	behind.	side.	cross.	vine.	step.	walks.	, step turn,	1/2
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1	(1)	Step fwd on	I and d	on ball of l	l make 1/2	R sweeping	R from	front to back 6.00

(2) Cross R behind L, (&) step L to L side, (3) cross R over L 6.00
(&) Step L to L side, (4) cross R behind L, (&) step L to L side 6.00

5-6-7 (5) Step fwd. on R, (6-7) walk fwd. L, R 6.00

&8& (&) Step fwd. on L, (8) turn ½ R, (&) turn ½ R stepping back on L 6.00

[9-16] ¼ basic, vine with cross, ¼, step ½, lock step, side rock, cross

1-2&	1) Turn 1	¼ R stenning l	R to R side	(2) close L	behind R	(&) cross R over L 9.00

3&4 (3) Step L to L side, (&) cross R behind L, (4) step L to L side 9.00

&5 (&) Cross R over L, (5) turn ¼ L stepping fwd. on L 6.00
 &6 (&) Step fwd. on R, (6) turn ½ L – weight on L 12.00

&7 (&) Lock R behind L, (7) step fwd. on L 12.00

&8& (&) Rock R to R side, (8) recover onto L, (&) cross R over L 12.00

[17-25] L basic, ¼ with sweep, cross, ¼, ¼ L basic, ¼, mambo

1-2&	Step I to I side	e, (2) close R behind L,	(&)	cross Lover R 12 00
1 24		, (<i>L</i>) 01030 I	(\sigma)	01000 E 0 VC1 1 1 12.00

3-4& (3) Turn ¼ R stepping fwd. on R sweeping L from back to front, (4) cross L over R, (&) turn ¼

L stepping back on R 12.00

5-6& (5) Turn ¼ L stepping L to L side, (6) close R behind L, (&) cross L over R 9.00

7 (7) Turn ¼ stepping fwd. on R 12.00

8&1 (8) Rock fwd. on L, (&) recover onto R, (1) step back on L sweeping R from front to back

12.00

[26-33] Back/sweep, back, ¼, step turn, step/sweep, rock, recover/sweep, back lock, ½

2-3& (2) Step back on R sweeping L from front to back, (3) step back on L, (&) turn 1/4 R stepping

fwd on R 3.00

4&5 (4) Step fwd on L, (&) turn ½ R, (5) step fwd. on L sweeping R from back to front 9.00

6-7 (6) Rock fwd. on R, (7) recover onto L sweeping R from front to back 9.00

8&1 (8) Step back on R, (&) lock L in front of R, (1) step back on R and on ball of R make ½ turn

L 3.00

[34-40] Step down, side rock ¼, cross, ¼, ¼, cross rock, side, cross rock, step

2 (2) Step down on L 3.00

(&) Rock fwd. on R, (3) recover onto L making ¼ L, (&) cross R over L 12.00
(4) Turn ¼ R, stepping back on L (&) turn ¼ R stepping R to R side 6.00

5-6& (5) Rock L across R, (6) recover onto R, (&) step L to L side 6.00

7-8& (7) Rock R across L, (8) recover onto L, (&) step slightly fwd. on R

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