Count: 64 Wand: 2 Ebene: Intermediate
Choreograf/in: Don Kay - March 2011
Musik: African Lady - Tony Stevens


Start dance on lyrics.
Chasse left. Rock back. Recover. 1/4Turn. 1/4Turn. Cross shuffle.
1\&2,3,4 Step L to side. \&R next to L. L to side. Rock back on R. Recover on L. Turning 1/4 left step $5,6,7 \& 8 \quad$ back on $R$. Turning $1 / 4$ left step $L$ to side. Cross R over L. \&L to side. Cross R over L.

1/4Turn. 1/4Turn. Shuffle forward. Step forward. Hip bump. Step forward. Hip bump
$9,10,11 \& 12 \quad$ Turning $1 / 4$ right step back on $L$. Turning $1 / 4$ right step $R$ to side. Step forward L. \& Step R $13,14,15,16$ next to $L$. Step foeward L. Step forward R. Bump hips right. Step forward L. Bump hips left.

Side. Rock back. Recover. Turning step back. Sweeping turning sailor shuffle. Step. Step.
$17,18,19,20 \quad$ Step $R$ to side. Rock back on L. Recover on R. Turning $1 / 4$ right step back on L. Sweep R $21,22 \& 23,24$ around while turning $1 / 4$ right stepping $R$ behind $L(2$ counts) \&Step $L$ to side. Step forward R.L.

Rock. Recover. Coaster step. 1/4Swivel. 1/4Swivel.
$25,26,27 \& 28$ Rock forward on R. Recover on L. Step back on R. \&Step left next to R. Step forward on R. 29,30,31,32 Step forward on L. Swivel 1/4 right. Step forward on L. Swivel 1/4 right.

Out out. In in. Walk. Walk. Out out. In in. Walk. Walk.
\& $33 \& 34,35,36$ \&Step $L$ to side. Step R to side. \&Step L back to centre. Step R next to L. Walk forward L.R. \& $37 \& 38,39,40 \quad$ \&Step $L$ to side. Step R to side. \&Step L back to centre. Step R next to L. Walk forward L.R.

Heel touches. (Moving back) Coaster step. Cross behind. Turning 1/4 step forward.
41\&42\& Moving back. Touch L heel forward. \&Step back on L. Touch R heel forward. \&Step back on R.

43\&44,45\& Touch $L$ heel forward. \&Step back on $L$. Touch $R$ heel forward. Step back on R. \& L next to R.

46,47,48 Step forward on R. Cross $L$ behind $R$. Turning $1 / 4$ right step forward on $R$.

Rock. Recover turning 1/2. Shuffle forward. Rock. Recover turning 1/2. Shuffle forward.
$49,50,51 \& 52$ Rock forward on L. Back on R.Turning 1/2 left step forward on L.\&R next to L. Forward on $L$ $53,54,55 \& 56$ Rock forward on R. Back on L.Turning $1 / 2$ right step forward on R.\&L next to R. Forward on R

Step. Turn. Turning step side. Behind. Turning step forward. Step. Swivel. Cross.
$57,58,59,60 \quad$ Step forward on L. Pivot $1 / 2$ right. Turning $1 / 4$ right step $L$ to side. Step $R$ behind L. Turning 1/4
61,62,63,64 left step forward on L. Step forward on R. Swivel 1/4 left. Cross R over L.
Suggested finish: Dance to count 24. Then:
Swivel $1 / 4$ right. Step forward on $L$. Swivel $1 / 4$ right. Step $L$ in place. Step $R$ in place.
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