

Break My Bones

Count: 32

Wand: 4

Ebene: Novice / Beginner

Choreograf/in: De Ryck Godelieva (BEL) - March 2011

Musik: S&M - Rihanna : (CD: Loud)



Intro: 64 counts.

Step, Lock, Step, Lock, Step, Left Rock Recover, Left Coasterstep

- 1 RF Step fwd
- 2 LF lock
- 3 RF step fwd
- & LF lock behind
- 4 RF step fwd
- 5 LF rock fwd
- 6 RF recover
- 7 LF step behind
- & RF step together
- 8 LF step fwd

Side Rock, Recover, Right Cross shuffle, ¼ Turn R, 1/4 Turn R, Left Shuffle Fwd

- 1 RF rock to the side
- 2 LF recover
- 3 RF cross over LF
- & LF step to the side
- 4 RF cross over LF
- 5 LF ¼ turn R, step bwd
- 6 RF ¼ turn R, step to the side
- 7 LF step fwd
- & RF Step together
- 8 LF step fwd

Side Rock, Recover, Sailorstep, Left Rock Fwd, Recover, Left Shuffle Back

- 1 RF rock to the side
- 2 LF recover
- 3 RF cross behind LF
- & LF step to the side
- 4 RF step to the side
- 5 LF rock fwd
- 6 RF recover
- 7 LF step bwd
- & RF step together
- 8 LF step bwd

Touch Right Back, 1/2 Turn R, L Shuffle, Pivot ¼ Turn Left, Heel Switches

- 1 RF Touch behind
- 2 RF ½ turn R, weight on RF
- 3 LF step fwd
- & RF Step together
- 4 LF step fwd
- 5 RF step fwd
- 6 R+L ¼ turn L
- 7 RF touch heel fwd

& RF zet naast LF
8 LF touch heel fwd
& LF close next to RF

Start Again.

Tag:

After the 8th en the 9th wall, add following steps:

2x Monterey ½ Turn R, Grapevine R, Touch Grapevine L, Touch

1 RF touch to the side
2 ½ turn R, close RF next to LF
3 LF touch to the side
4 LF close
5 RF touch to the side
6 ½ turn R, close RF next to LF
7 LF touch to the side
8 LF close

1 RF step to the side
2 LF cross behind
3 RF step to the side
4 LF touch next to RF
5 LF step to the side
6 RF cross behind
7 LF step to the side
8 RF touch next to RF

(You can also do rolling vines if you want)
