Count: 64 Wand: $4 \quad$ Ebene: Easy Intermediate
Choreograf/in: Francien Sittrop (NL) - February 2011
Musik: Long Gone - Lady A


Intro: Start after 16 counts from the heavy Beat, On Vocals
[1-8] Rock, Recover, Walks Back, Rock Recover, Kick Ball Step
1-2 Rock R fwd, Recover on L (12.00)
3-4 Walk back R, L
5-6 Rock R back, Recover on L,
7\&8 Kick R fwd, Step R down, Step L across R
[9-16] Side Rock, Recover, Cross Shuffle, Back, $1 / 4$ Turn R, Step Fwd, Touch
1-2 Rock R to $R$ side, Recover on $L$
3\&4 Step $R$ across $L$, Step $L$ to $L$ side, Step $R$ across $L$
5-6 Step L back, $1 / 4$ Turn $R$ step $R$ to $R$ side (03.00)
7-8 Step L fwd, Touch $R$ to $R$ side
RESTART: wall 5 , Start again with count 1
[17-24] Step Fwd,Touch Fwd, Step Back, Touch Fwd, Walk Backx2, Coaster Step
1-2 Step R fwd, Touch L fwd
3-4 Step L back, Touch R fwd
5-6 Walk Back R, L
7\&8 Step R back, Step L next to R, Step R fwd
[25-32] Step Fwd, Picot $1 ⁄ 2$ Turn R, Shuffle Fwd, Step Fwd, Picot $3 / 4$ Turn L, Kick Ball Cross
1-2 Step L fwd, Pivot $1 / 2$ Turn R (09.00)
3\&4 Step L fwd, Step R next to L, Step L fwd
5-6 Step R fwd, Pivot $3 / 4$ Turn L (12.00)
7\&8 Kick R fwd, Step R down, Step L across R
[33-40] Side, Together, Chasse (Diag. R), Cross Rock, Sailor $1 / 2$ Turn L
1-2 Step $R$ to $R$ side, Step $L$ next to $R$
3\&4 Step $R$ to $R$ side, Step $L$ next to $R$, Step $R$ to $R$ side
5-6 Rock $L$ across $R$, Recover on $L$
$7 \& 8 \quad$ Sweep L behind $R$ with $1 / 2$ Turn $L$, Step $R$ to $R$ side, Step $L$ across $R$ (06.00)
[41-48] Side Rock, Recover, Behind, Side, Cross, Side , Drag, Ball Cross Side
1-2 Rock $R$ to $R$ side, Recover on $L$
3\&4 Step $R$ behind $L$, Step $L$ to $L$ side, Step $R$ across $L$
5-6 Step L to L side, Drag R
\&7-8 Step R next to L, Step L across R, Step R to R side
[49-56] Behind, Side, Cross, $1 / 4$ Turn R Shuffle Fwd, Step $1 / 2$ Turn R, Step Fwd, Scuff
1\&2 Step $L$ behind $R$, step $R$ to $R$ side, Step $L$ across $R$
$3 \& 4 \quad 1 / 4 R$ and Step R fwd, Step L next to R , Step R fwd (09.00)
5-6 Step L fwd, Pivot $1 / 2$ Turn $R$ (03.00)
7-8 Step L fwd, Scuff R fwd
RESTART: wall 1 \& 3 , Start again with count 1
[57-64] Heel Touches Fwd, Heel Hook, Rocking Chair
1\&2\& $\quad$ Touch $R$ heel fwd, Step R next to $L$, Touch $L$ heel fwd, Step $L$ next to $R$

| 3-4 | Touch $R$ heel fwd, Hook $R$ across $L$ |
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| $5-6$ | Rock $R$ fwd, Recover on $L$ |
| $7-8$ | Rock $R$ back, Recover on $L$ |

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