

# Go La Sa

Count: 112

Wand: 4

Ebene: Beginner

Choreograf/in: Lily Liu (MY) - June 2009

Musik: Unknown



Intro : 32 counts

Sequence : A A / Tag / B / Tag / C / A A / Tag / B / A (1-16) / Ending

## ( A ) 32 Counts

### (A1) Side , Touch , Side , Touch , Side , Together , Side , Touch

- 1, 2 Step R to right . Touch L beside R and clapping hands .
- 3, 4 Step L to left . Touch R beside L and clapping hands .
- 5, 6 Step R to right . Step L beside R .
- 7, 8 Step R to right . Touch L beside R and clapping hands .

### (A2) Side , Touch , Side , Touch , Side , Together , Side , Touch

- 1, 2 Step L to left . Touch R beside L and clapping hands .
- 3, 4 Step R to right . Touch L beside R and clapping hands .
- 5, 6 Step L to left . Step R beside L .
- 7, 8 Step L to left . Touch R beside L and clapping hands .

### (A3) Step , Together , Step , Touch , Knee Popp Forward Touch , Backward , Touch

- 1, 2 Step forward on R . Step L beside R .
- 3, 4 Step forward on R . Touch L beside R and clapping hands .
- 5, 6 Step forward on L . Touch R in step L with R knee popping forward and clapping hands .
- 7, 8 Step back on R . Touch L beside R and clapping hands .

### (A4) Walk Back ( x3 ) , Touch , Jazz Box 1/4 Turn Right Walk back on L , R , L . Touch R beside L .

- 5, 6 Cross R over L . Step back on L .
- 7, 8 Turn 1/4 right stepping R to right . Step L beside R .

## ( B ) 64 Counts

### (B1) Side , Together , Side , Touch , Side , Together , 1/4 Turn Left , Touch

- 1, 2 Step R to right . Step L next to R .
- 3, 4 Step R to right . Touch L beside R .

(For styling stretch both arms to right at chest level with hands rotating anti – clockwise while doing the above steps)

- 5, 6 Step L to left . Step R next to L .
- 7, 8 Turn 1/4 left stepping L to left . Touch R beside L .

( For styling stretch both arms to left at chest level with hands rotating clockwise while doing the above steps )

### (B2) Side , Together , 1/4 Turn Right , Touch , Side , Together , 1/4 Turn Left , Touch

- 1, 2 Step R to right . Step L next to R .
- 3, 4 Turn 1/4 right stepping R to right . Touch L beside R .

(For styling stretch both arms to right at chest level with hands rotating anti – clockwise while doing the above steps )

- 5, 6 Step L to left . Step R next to L .
- 7, 8 Turn 1/4 left stepping L to left . Touch R beside L .

( For styling stretch both arms to left at level with hands rotating clockwise while doing the above steps )

### (B3) ( Sway Hips ) x 8

- 1, 2 Sway hips to right stepping R to right , sway hips to left
- (Wrap R arm across chest , wrap L arm across chest )

3, 4 Sway hips to right , left  
(Throw R arm up above head level , throw L arm up above head level )  
5, 6 Sway hips to right , left  
(Wrap R arm across chest , wrap L arm across chest )  
7, 8 Sway hips to right , left  
(Throw R arm fwd with palm facing up , throw L arm fwd with palm facing up )

**(B4) (Sway Hips) x 4 , ( Walk Back ) x 4**

1, 2 Sway hips to right , left  
( Leaving R arm in place turn palm to face down , place L palm above back of R palm )  
3, 4 Sway hips to right , left  
( Wrap R arm across chest , wrap L arm across chest )  
5, 6 Walk back on R , L  
( Flick both hands progressively up , flick both hands above head )  
7, 8 Walk back on R , L  
( Flick both hands progressively with arms open wide at V , then down to shoulder Level at both sides )

**(B5) Side , Together , Side , Touch , Side , Together , 1/4 Turn , Touch**

1, 2 Step R to right , step L next to R  
3, 4 Step R to right , touch L beside R  
(For styling stretch both arms to right at chest level with hands rotating anti – clockwise while doing the above steps )  
5, 6 Step L to left , step R next to L  
7, 8 Turn 1/4 left stepping L to left , touch R beside L  
( For styling stretch both arms to left at chest level with hands rotating clockwise while doing above steps )

**(B6) Side , Together , 1/4 Turn Right , Touch , Side , Together , 1/4 Turn Left , Touch**

1, 2 Step R to right , step L next to R  
3, 4 Turn 1/4 right stepping R to right , touch L beside R  
( For styling stretch both arms to right at chest level with hands rotating anti – clockwise while doing above steps )  
5, 6 Step L to left , Step R next to L  
7, 8 Turn 1/4 left stepping L to left , touch R beside L  
( For styling stretch both arms to left at chest level with hands rotating clockwise while doing above steps )

**(B7) ( Sway Hips ) x 8**

1, 2 Sway hips to right stepping R to right . Sway hips to left .  
( Wrap R arm across chest , wrap L arm across chest )  
3, 4 Sway hips to right , left .  
( Throw R arm up above head level , throw L arm up above head level )  
5, 6 Sway hips to right , left .  
( Wrap R arm across chest , wrap L arm across chest )  
7, 8 Sway hips to right , left .  
( Throw R arm fwd with palm facing up , throw L arm fwd with palm facing up )

**(B8) ( Sway Hips) x 4 , ( Walk Back ) x 4**

1, 2 Sway hips to right , left .  
( Leaving R arm in place turn palm to face down , place L palm above back of R palm )  
3, 4 Sway hips to right , left .  
( Wrap R arm across chest , wrap L arm across chest )  
5, 6 Walk back on R , L .  
( Cross both arms in front of chest with palms facing down , separate hands in front )  
7, 8 Walk back on R , L .  
( Wave hands to point to left , right diagonals at the same time , point both hands to left , right sides at the same time )

**( C ) 16 Counts**

**(C1) ( Side , Together , Side , Touch ) x 2 , With Clap**

- 1, 2            Step R to right . Step L next to R .  
3, 4            Step R to right . Touch L beside R and clapping hands .  
5, 6            Step L to left . Step R beside L .  
7, 8            Step L to left . Touch R beside L and clapping hands .

**(C2) ( Bump , Hold ) x 4**

- 1, 2            Bump hip to right stepping R to right . Hold .  
3, 4            Bump hip to left . Hold .  
5, 6            Bump hip to right . Hold .  
7, 8            Bump hip to left . Hold .

**Tag : Mambo Forward , Recover , Side Mambo , Recover , Stomp , Stomp**

- 1 & 2 &        Rock forward on R . Recover on L . Rock R to right . Recover on L .  
3, 4            Stomp R beside L , stomp L in place

**Ending : Mambo Forward**

- 1 & 2            Rock forward on R . Recover on L . Step R beside L .
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