Rock With The Rhythm

Count: 32

Ebene: Upper Beginner

Choreograf/in: Pam Cassells (AUS) - December 2010

Musik: Rockin'With the Rhythm of the Rain - Kel-Anne Brandt : (CD: I'm A Big Girl Now)

Start Position: Feet together - with weight on L foot. Starts on vocals - 16 Counts in. Rotation: Anti-clockwise

STEP R TO R SIDE, DRAG L TO R, HEEL, HEEL, R BACKWARD ROCKING CHAIR

- 1,2 Step R to R side, drag L up to and step beside R,
- 3.4 Raise and drop R heel in place, raise and drop L heel in place,
- 5,6,7,8 R backward rocking chair - step R back, rock/replace weight forward on L, step R forward, rock/replace weight back on L,

R BACKWARD ROCKING CHAIR, STEP BACK, KICK OUT, STEP BACK, KICK OUT

- R backward rocking chair step R back, rock/replace weight forward on L, step R forward, 1,2,3,4 rock/replace weight back on L,
- 5,6 Step R back, kick L out to L45,
- Step L back, kick R out to R45, 7,8

REGGAE/JAZZ BOX, STEP, LOCK, STEP, SCUFF

- 1,2,3,4 R reggae/jazz box - step R over L, step L back, step R to R side, touch L beside R.
- Step L forward, lock R behind L, step L forward, scuff R forward, 5,6,7,8

STEP, LOCK, STEP, SCUFF, 90 ° TURNING REGGAE/JAZZ BOX

- 1,2,3,4 Step R forward, lock L behind R, step R forward, scuff L forward,
- Turning Reggae/jazz box step L over R, step R back, turning 90 degrees L step L to L 5.6.7.8 side, touch R beside L.

32 counts

REPEAT DANCE IN NEW DIRECTION

Finish: At the end of the dance add:- Paddle turn to face the front, step together and hold.

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Wand: 4