Release Me



Count: 32 Wand: 4 Ebene: Beginner Rumba

Choreograf/in: Karen Tripp (CAN) - January 2011

Musik: Please Release Me - Roger Miller: (Album: King of the Road)



32-count intro, start on lyrics

1/2 BOX FORWARD, HOLD, FORWARD LOCK FORWARD, HOLD

1-4 Step side on right, close left next to right, step forward on right, hold
5-8 Step forward on left, lock right behind left, step forward on left, hold

ROCKING CHAIR, PADDLE TURN 1/4 LEFT & CROSS, HOLD

9-12 Step forward on right, recover back on left, rock back on right, recover forward on left

13-16 Step forward turning ½ left, close left next to right, cross right over left, hold

VINE LEFT 3 & HOLD, CROSS ROCK, RECOVER, SIDE, HOLD

Step side in left, cross right behind left, step side on left, hold Cross right over left, recover on left, step side on right, hold

FRONT WEAVE 3 & HOLD, REVERSE ROCKING CHAIR

25-28 Cross left over right, step side on right, cross left behind right, hold

29-32 Step back on right, recover forward on left, rock forward on right, recover back on left

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