

# La Cha Ta

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BY STEPHENETS

Count: 80

Wand: 0

Ebene: Phrased Intermediate

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Musik: LA chA TA - f(x)



Sequence: A A B C1 A A(1-16) B C2 A B B C1

Intro : 32 counts

## SEQUENCE A

**(1) (DOUBLE HIP BUMPS )x2 , FWD , PIVOT 1/2 TURN , TOUCH , SHUFFLE FWD**

- 1 & 2 Step R fwd bump hips to fwd , bwd , fwd ,
- 3 & 4 Step L fwd bump hips to fwd , bwd , fwd
- 5 6 Step R fwd , pivot 1/2 turn left touch L toes beside R ,
- 7 & 8 Shuffle fwd on L , R , L ,

**(2) SIDE , TOUCH , SIDE , TOUCH , SWAY x4**

- 1 2 Step R to right side , Touch L beside R ,
- 3 4 Step L to left side , Touch R beside L ,
- 5 8 Sway hips to R ,L ,R ,L

**(3) (SIDE , TOGETHER , SIDE , POINT ) x 2**

- 1 2 Step R to right side ,step L beside R ,
- 3 4 Step R to right side , Point L to left side ,
- 5 6 Step L to left side ,step R beside L ,
- 7 8 Step L to left side , Point R to right side ,

**(4) ROCK BACK , RECOVER , SHUFFLE FWD , POINT , POINT , CLOSE L , UNWIND**

- 1 2 Rock back on R , recover on L
- 3 & 4 Shuffle fwd on R , L , R ,
- 5 6 Touch L toes fwd , touch L toes to L side ,
- 7 8 Toes L across R foot , unwind 1/2 turn right with weight ending up on L foot ,

## SEQUENCE B

**(1) (CROSS ROCK BEHIND ,RECOVER ,SIDE ) X2 , BUMP THREE TIMES , HOLD**

- 1 & 2 Cross rock R behind L , recover on L , step R to right side ,
- 3 & 4 Cross rock L behind R , recover on R , step L to left side ,
- 5 6 Bump hip to left diagonal twice ,
- 7 8 Bump hip to left diagonal , hold ,

**(2) ( CROSS ROCK BEHIND , RECOVER , SIDE ) X 2 , ( HIP BUMP ) x 4**

- 1 & 2 Cross rock R behind L , recover on L , step R to right side ,
- 3 & 4 Cross rock L behind R , recover on R , step L to left side ,
- 5 6 Bump hip to left diagonal twice ,
- 7 8 Bump hips to right , left

**(3) ( FWD , LOCK STEP , SCUFF ) X 2**

- 1 2 Step fwd on R , cross lock L behind R ,
- 3 4 Step fwd on R , Scuff L fwd
- 5 6 Step fwd on L , cross lock R behind L ,
- 7 8 Step fwd on L , Scuff R fwd

**(3) ROCK , RECOVER , TRIPLE 1/2 TURN , COASTER STEP ,**

- 1 2 Rock fwd on R , Recover on L ,

3 & 4 Triple 1/2 turn right stepping R , L , R  
5 6 Rock fwd on L , recover on R ,  
7 8 Step back on L , step R beside L , Step fwd on L ,

### **SEQUENCE C**

#### **(1) WALK FWD x3 , POINT , WALK BWD x3 , POINT**

1 – 3 Walk fwd on R , L , R  
4 Point L to left side ,  
5 - 7 Walk bwd on L , R , L  
8 Point R to right side

#### **(2) VINE RIGHT , SCUFF , VINE LEFT , SCUFF**

1 2 Step R to R side , Close L behind R ,  
3 4 Step R to R side , Scuff L beside R ,  
5 6 Step L to L side , Close R behind L ,  
7 8 Step L to L side , Scuff R beside L ,

#### **(3) ROCKING CHAIR , JAZZ BOX 1/4 TURN**

1 2 Rock fwd R , Recover weight to L ,  
3 4 Rock back R , Recover weight to L ,  
5 6 Cross R over L , Step back L ,  
7 8 Make a 1/4 turn R step R fwd , Step L beside R .

**C 1 : Sequence C section 1 and section 3**

**C 2 : Sequence C sections 1 , 2 and 3**

**ENDING: After jazz box 1/4 turn , one count make body 1/4 turn L facing 12.00**

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