Irish Country Beats



Count: 48 Wand: 4 Ebene: Beginner

Choreograf/in: Mary Frances Chua (MY) - October 2010

Musik: Irish Stew - Sham Rock



INTRO: 32 count

	S1: Double Forward Shuff	e. ½ Left Pivot Turn.	Forward Shuffle
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1&2	R fwd shuffle (left hand on hip & put up right hand in circular movement)
3&4	L fwd shuffle (left hand on hip & put up right hand in circular movement)

5-6 R step fwd, ½ left pivot turn [6]

7&8 R fwd shuffle

S2: Double Forward Shuffle, ½ Right Pivot Turn, Forward Shuffle

1&2	L fwd shuffle (left hand on hip & put up right hand in circular movement)
3&4	Rfwd shuffle (left hand on hip & put up right hand in circular movement)

5-6 L step fwd, ½ right pivot turn [12]

7&8 L fwd shuffle

S3: Right Chasse, Left Back Rock, Left Chasse, Right Back Rock

1&2	R chasse ((both hands on hips))
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3-4 L back rock, recover on R (hands on hips)

5&6 L chasse (both hands on hips)

7-8 R back rock, recover on L (hands on hips)

S4: Right Hip Bump, Left Hip Bump, Point, 1/4 Right Turn-Together, Point-Together

1&2	R hip bump, R-L-R (slight forward movement)
3&4	L hip bump, L-R-L (slight forward movement)

5-6 R point to right side, ¼ right turn [3], R together beside L

7-8 L point to left side, L together beside R

S5: Right Rolling Vine-Clap, Left Rolling Vine-Clap

1-4 R rolling vine (clap at count 4) 5-8 L rolling vine (clap at count 8)

S6: Twice Front Heel, Twice Back Toe, Right Heel-Together, Left Heel-Together

1-2	R heel touches twice	at front (han	ds on hips)
3-4	R toe touches twice a	at back (hand	s on hips)

R heel touch diagonally at front, step together (hands on hips)
L heel touch diagonally at front, step together (hands on hips)

ENDING:

Do Section 1 (count 1-6), step forward on Right and ½ pivot left turn (count 7) to face front and stomp left with both hands up (count 8).

NOTE

Specially choreographed for GAPOR ANNUAL DINNER COUNTRY NITE on 7 NOVEMBER 2010 (Sunday) at Merdeka Palace.