

Man Chang Fei

Count: 32

Wand: 2

Ebene: Improver

Choreograf/in: Anonymous (SG) - October 2010

Musik: Flying Over Field (Mandarin)



Intro: 16 Counts

§1: Forward Walk, Forward Shuffle, Forward Rock, Recover, ½ Left Shuffle Turn

1,2,3&4 Walk fwd R-L, step R fwd, close L together, step R fwd

5,6,7&8 Rock L fwd, recover R, Turn ¼ L step L to L, close R together, turn ¼ L step L fwd [6:00]

§2: [Side Rock, Recover, Cross Shuffle] - Right Then Left Lead

1,2,3&4 Rock R to R, recover L, cross R over L, step L to L, cross R over L

5,6,7&8 Rock L to L, recover R, cross L over R, step R to R, cross L to R

§3: Vine 2, ¼ R Shuffle Turn, Forward Rock, Recover, Back Shuffle

1,2,3&4 Step R to R, step L behind R, step R to R, close L together, turn ¼ R step R fwd [9:00]

5,6,7&8 Rock L fwd, recover R, step L back, close R together, step L back

§4: Back Rock, Recover, Forward Shuffle, Kick, ¼ L Jazz Box Turn

1,2,3&4 Rock R back, recover L, step R fwd, close L together, step R fwd

5-8 Kick L to L diagonal, cross L over R, turn 1/8 L step R back, turn 1/8 L step L to L as you throw both arms forward and high up singing "Hey" [6:00]

Start Again!
