# From Now On



Count: 64 Wand: 2 Ebene: Easy Intermediate

Choreograf/in: Jan Wyllie (AUS) - October 2010

Musik: No More Teardrops - The Refreshments



#### 16 count intro.

# Step Scuff, Step Scuff, Across Back 1/4, Side Across

1,2,3,4 Step fwd on R, Scuff L fwd and across R, Step fwd on L, Scuff R fwd and across L 5,6,7,8 Step R across L, Making 1/4 right step back on L, Step R to right, Step L across R

## 1/4 Shuffle, Step Pivot 1/4. Cross Shuffle, Back 1/4 Fwd 1/2

9&10 Making 1/4 right shuffle fwd R,L,R

11,12 Step fwd on L, Pivot 1/4 right transferring wt to R

13&14 Cross/shuffle right stepping L,R,L

15,16 Making 1/4 left step back on R, Making 1/2 left step fwd on L

## Fwd Back, Toe Strut Back, Coaster Cross, Side Rock Replace

17,18,19,20 Rock step fwd on R, Rock back on L, Step back on R toe, Drop R heel to floor

21&22 Step back on L, Step R beside L, Step L across R

23,24 Rock/step R to right side, Rock/replace wt sideways onto L

#### Behind Touch, Behind Touch, Rock Back Fwd, Walk Fwd RL

25,26,27,28 Step R back behind L, Touch L toe to left, Step L back behind R, Touch R toe to right

29,30 Rock/step back on R, Rock fwd on L

31,32 Walk fwd R,L

## 1/4 Monterey Turn, 1/4 Monterey Turn

33,34 Touch R toe to right, Making 1/4 right step R beside L

35,36 Touch L toe to left, Step L beside R

37,38 Touch R toe to right, Making 1/4 right step R beside L

39,40 Touch L toe to left, Step L beside R

#### Side Rock Replace, Across Touch, Heel Across Side, Step Across Touch

41,42 Rock/step R to right, Rock/replace wt sideways onto L

43,44 Step R across L, Touch L toe to left

45,46 Touch L heel across R, Touch L heel to left

47,48 Step L across R, Touch R toe to right

## Across Back Side Clap, Across Back Side Clap

49,50,51,52 Step R across L, Step back on L, Step R to right, Clap Step L across R, Step back on R, Step L to left, Clap

#### Fwd Back, Back Fwd, Step Pivot 1/2, Step Pivot 1/2

57,58,59,60 Rock/step fwd on R, Rock back on L, Rock/step back on R, Rock fwd on L

Step fwd on R, Pivot 1/2 left transferring wt to L Step fwd on R, Pivot 1/2 left transferring wt to L

## Another great song by artists I had never heard of before, The Refreshments.

Thanks to Syliva from The Netherlands for the song. The dance is not for beginners, but it is very achievable for anyone with a little bit of dance

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