

Just 4 U

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Celia Stevens (NZ) - September 2010

Musik: Just for You - REO Speedwagon : (CD: The Essential Reo Speedwagon)



Intro 16 counts start on vocals

This dance is done in all four directions rotating clockwise.

(1 – 8) R FWD, BEHIND, TOG ½ PIVOT, TURN ½ BACK, CROSS, & BACK ROCK/RECOVER

- 1, 2 Step R forward, Step L behind
- & 3, 4 Step R together, Step L forward, Turn ½ right weight R facing 6:00
- 5, 6 Turn ½ right step L back, Cross R in front of left facing 12:00
- & 7, 8 Step L together, Step R back, Recover weight L

(9 – 16) TOG SIDE ROCK, TOG SIDE, SAILOR, BEHIND ¼ FWD, ½ TURN.

- & 1, 2 Step R together, Step L to side, Recover weight R
- & 3 Step L together, Step R to side
- 4 & 5 Step L behind right, Step R to side, Step L to side
- 6 & 7 Step R behind, Turn ¼ left step L forward, Step R forward facing 9:00
- 8 Turn ½ left weight L (**) [Wall 10 restart here] facing 3:00

(17 – 24) ½ SHUFFLE, ½, ½, TOG, FWD, FWD, ¼ PADDLE.

- 1 & 2 Turn ¼ left step R to side, Step L together, Turn ¼ left step R back facing 9:00
- 3, 4 Turn ½ left step L forward, Turn ½ left step R back facing 9:00
- & 5, 6 Step L together, Step R forward, Step L forward
- 7, 8 Step R forward, Turn ¼ left weight L (# ^) [Wall 5 & 9 restarts here] facing 6:00

(25 – 32) & CROSS, SIDE ROCK, BEHIND, ¼, FWD, FWD ½ PIVOT, FWD FULL TURN, TOG.

- & 1, 2 Step R over left, Step L to side, Recover weight R
- 3 & 4 Step L behind, Turn ¼ right step R forward, Step L forward facing 9:00
- 5, 6 Step R forward, Turn ½ left weight L facing 3:00
- 7 & 8 & Step R forward, Turn ½ right step L back, Turn ½ right step R forward, Step L together facing 3:00

(32) REPEAT & ENJOY!

RESTARTS:

On Wall 5 dance up to count 24 (#) ¼ Paddle, then restart from the beginning facing 6:00

On Wall 9 dance up to count 24 [^] ¼ Paddle, then restart from the beginning facing 9:00

On Wall 10 dance up to count 16 {**} ½ Turn, then restart from the beginning facing 12:00

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