

EZ Merengue

Count: 32

Wand: 4

Ebene: High Beginner Merengue

Choreograf/in: Winnie Yu (CAN) - September 2010

Musik: Vamos a La Paya - S.B.S.



Intro: 32 counts

Sec. 1: (MERENGUE WALK FORWARD, TOGETHER) X 4

1-2 Step left slightly forward, step right besides left with hip movement

3-8 (Repeat 1-2) x 3

Optional arms: Spread out your arms and move in a circular direction (right hand going clockwise, left hand going counter-clockwise)

Sec. 2: (SIDE, HOLD) X 2 WITH SHIMMY, ¼ L (SIDE, TOGETHER) X 2

1-2 Step left to left side, hold (with shimmy shoulder left over 2 count)

3-4 Step right to right side, hold (with shimmy shoulder right over 2 count)

5-8 (Step left to left side, step right besides left with hip side walk) x 2

with Sec.3: count 1-4 walk progressively and make ¼ turn left (9:00)

Optional arms: Put your right hand to the back of your head, and push your left hand out to your left side.

Sec. 3: (SIDE, TOGETHER) X 2, (STEP FWD, HOLD, BACK, HOLD) WITH SHIMMY

1-4 (Step left to left side, step right besides left with hip side walk) x 2

Optional arms: keep your hands in the above position

5-6 Step forward on left, hold (with shimmy shoulder lean forward over 2 count)

7-8 Recover on right, hold (with shimmy shoulder lean back over 2 count)

Sec. 4: (FORWARD, SIDE ROCK, RECOVER) X 2, FORWARD, PIVOT ½ R

1-3 Step forward on left, side rock on right, recover onto left,

4-6 Step forward on right, side rock on left, recover onto right

7-8 Step forward on left, make a ½ pivot turn right (3:00)

Option for High Beginner:~

Sec.4: L & R BOTA FOGO, STEP PIVOT ½ R, LEFT KICK BALL CHANGE

1&2 Step forward on left, side rock on right, recover onto left,

3&4 Step forward on right, side rock on left, recover onto right

5-6 Step forward on left, make a ½ pivot turn right (3:00)

7&8 Kick left forward, step down on left, step right forward

Ending: Wall 12 (9:00)

Sec.2: count 5-8 repeat count 1-4 [Left side with ¼ R & right side with shimmy shoulder] back to front wall 12:00

Email: linedance_queen@hotmail.com - Website: www.dancepooh.com - www.winnieyuss.com