

# Old Time Rock N Roll

Count: 32

Wand: 2

Ebene: Beginner

Choreograf/in: Sue Coats (AUS) - September 2010

Musik: Old Time Rock & Roll - Bob Seger



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## **(1-8) Walk, Walk, Walk, Kick with Clap; Back, Back, Back, Touch with Clap**

1,2,3,4 Step L fwd, step R fwd, step L fwd, kick R fwd and clap  
5,6,7,8 Step R back, step L back, step R back, touch I together and clap

## **(9-16) Two Military/Half Pivot Turns, Hips: Left, Right, Left, Right**

1,2 Step L fwd, Pivot 180° clockwise taking weight onto R  
3,4 Step L fwd, Pivot 180° clockwise taking weight onto R  
5 Step L to side bumping hips left  
6,7,8 Bump hips: right, left, right

## **(17-24) Left Side Shuffle, Rock Back, Rock Forward; Repeat on Right Side**

1&2 Shuffle L, R, L sideways to left  
3,4 Rock/Step R back, rock fwd onto L  
5&6 Shuffle R, L, R sideways to right  
7,8 Rock/Step L back, rock fwd onto R

## **(25-32) Shuffle Forward, Military/Half Pivot Turn, Shuffle Forward, Kick-Ball-Change**

1&2 Shuffle fwd L, R, L.  
3,4 Step R fwd, Pivot 180° anti-clockwise taking weight onto L  
5&6 Shuffle fwd R, L, R  
7&8 Kick L fwd, ball change L, R

**Start Again**

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