Like A Ghost



Count: 64 Wand: 4 Ebene: Intermediate

Choreograf/in: Sadiah Heggernes (NOR/UK) - August 2010

Musik: Ghost - Fefe Dobson



32 count intro - start on main vocals

There is 1 re-start during wall 3. Dance first 16 counts then start dance from beginning

Section 1: Side Rock, Recover, Sailor 1/4 Turn, Rocking Chair

1-2 Rock right to right side. Recover weight onto left

3&4 Cross right behind left. Make ¼ turn right stepping left beside right. Step forward on right.

3.00

Rock forward on left. Recover weight onto right.Rock back on left. Recover weight onto right

Section 2: Step, Lock, Shuffle Forward, Monterey ½ Turn

1. 2 Step forward on left. Lock right behind left

3&4 Step forward on left. Step right beside left. Step forward on left

5-6 Touch right to right side. Make ½ turn right on ball of left stepping right beside left. 9.00

7-8 Touch left to left side. Step left beside right

Re-start here during wall 3 – facing 3.00

Section 3: Side, Together, Kick Ball Step, Step, Full Turn, Touch Forward

1-2 Step right to right side. Step left beside right

3&4 Kick forward on right. Step right beside left. Step forward on left Step forward on right. Make ½ turn right stepping back on left

7-8 Make ½ turn right stepping forward on right. Touch left slightly forward

Section 4: Side Rock, Recover, Sailor 1/4 Turn, Rocking Chair

1-2 Rock left to left side. Recover weight onto right

3&4 Cross left behind right . Make ¼ turn left stepping right beside left. Step forward on left 6.00

5-6 Rock forward on right. Recover weight onto left7-8 Rock back on right. Recover weight onto left

Section 5: Step, Slide, Kick Ball Cross, x 2

Step right to right side. Slide left beside right (keep weight on right)
Kick left diagonally forward. Step down on left. Cross right over left
Step left to left side. Slide right beside left (keep weight on left)
Kick right diagonally forward. Step down on right. Cross left over right

Section 6: Side, Cross, ¼ Turn, Step, ¼ Pivot, Weave

2 Step right to right side. Cross left behind right

3-4 Make ¼ turn right stepping forward on right. Step forward on left 9.00 5-6 Make ¼ pivot right (weight on right). Cross left over right 12.00

7-8 Step right to right side. Cross left behind right

Section 7: Right & Left Diagonal Lock Steps

1-2 Step right diagonally forward. Lock left behind right

3&4 Step right diagonally forward. Lock left behind right. Step right diagonally forward

5-6 Step left diagonally forward. Lock right behind left

7&8 Step left diagonally forward. Lock right behind left. Step left diagonally forward

Section 8: Heel Grind 1/4 Turn Right, Rock Back, Heel Grind, Rock Back

1-2	Rock forward on right heel, grinding heel round turning ¼ turn right. Step slightly back on left 3.00
3-4	Rock back on right. Recover weight onto left
5-6	Rock forward on right heel, grinding heel around Step slightly back on left
7-8	Rock back on right. Recover weight onto left

Ending: You will end the dance facing 6.00 Step forward on right. Pivot ½ turn left to face 12.00

Choreographer's Note: Special thanks to Regina Cheung, Canada for telling me about the music.