

Ayo Mama

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Mary Chan (MY) & SM Loh (MY) - July 2010

Musik: Ayo Mama - Andy Tielman



Intro: Start after 16 counts

Section 1

Side Mambo (Right & Left), Cross Recover Side (Right & Left)

- 1&2 Rock right to right, recover onto left, step right next to left
- 3&4 Rock left to left, recover onto right, step left next to right
- 5&6 Cross rock step right over left, step left back, step right next to left
- 7&8 Cross rock step left over right, step right back, step left next to right

Section 2

Charleston Steps

- 1-2 Swing touch right toe forward, swing right toe back
- 3-4 Swing touch left toe back, swing left toe forward
- 5-8 Repeat steps 1 - 4

Section 3

Shuffle Forward, Left Forward Mambo, Shuffle Backward, Left Back Mambo

- 1&2 Shuffle right forward
- 3&4 Rock Left forward, recover onto right, step left next to right
- 5&6 Shuffle right backward
- 7&8 Rock left back, recover onto right, step left next to right

Section 4

Vaudeville, Forward Toe Strut, Back Toe Strut, 1/4 Right Turn, Forward Toe Strut, Side Toe Strut

- 1&2& Cross right over left, step left diagonal back, dig right heel forward, step right in place
- 3&4& Cross left over right, step right diagonal back, dig left heel forward, step left in place
- 5&6& Right toe strut forward, left toe strut back
- 7&8& Right toe strut forward turning 1/4 right, left toe strut next to right (3.00)

Repeat

Ending: At wall 7 (facing 6.00) Dance the first 16 counts follow by the below steps

- 1-2 Step right forward, pivot 1/2 turn left
- 3&4& Right toe strut, left toe strut
- 5 Right toe point back (poise) either open both arms up above head in 'V' Shape or at waistline down (optional)

Happy Dancing

Email: mary.chan63@gmail.com