Fifteen Minutes

Count: 32

Ebene: Beginner Plus

Choreograf/in: Karen Tripp (CAN) - June 2010

Musik: 15 Minutes - Rodney Atkins

Start on the word "Smokin", which is 38 seconds into the song

FORWARD TOUCH, BACK TOUCH, SIDE TOGETHER, ¼ RIGHT WITH BRUSH

- Step forward on R, touch L next to R 1-2
- 3-4 Step back on L, touch R next to L
- 5-6 Step R to R side, step L next to R
- 7-8 1/4 turn R stepping forward on R, brush L foot forward

LEFT FORWARD LOCK FORWARD W/ BRUSH, STEP KICK TWICE

- Step forward on L, lock R behind L 1-2
- 3-4 Step forward on L, brush R forward
- 5-6 Step R to R side, kick L over R
- 7-8 Step L to L side, kick R over L

JAZZ BOX W/ RIGHT, JAZZ BOX W/ L TURNING ¼ LEFT

- 1-2 Cross R over L, step back on L
- 3-4 Step R to R side, kick L over R
- 5-6 Cross L over R, step back on R
- 7-8 Step back on L turning 1/4 L, kick R

STEP TOUCH, SIDE SHUFFLE, ROCK RECOVER, KICK BALL CHANGE

- Step R to R side, touch L beside R 1-2
- 3&4 Step L to L side, close R beside L, step L to L side
- 5-6 Rock back on R, recover on L
- 7&8 Kick forward with right, recover on ball of right foot, step on L
- Can substitute kick ball change for 2 evenly timed forward walk steps.

REPEAT

Choreographer Contact Information: Karen Tripp, Cranbrook, British Columbia Email: karen@trippcentral.ca





Wand: 1