The Bug Dance



Count: 48 Wand: 4 Ebene: Beginner

Choreograf/in: Francien Sittrop (NL) - June 2010

Musik: Do the Bug with Me - Billy Bland



Intro: Start after 16 counts

(1 - 8) Tap with Bounces x2

1 – 4 Tap R to R side, Bounce 3 times 5 – 8 Tap L to L side, Bounce 3 times

(9-16) Jump back with Claps x2, Walk full Turn R, Hold

&1-2 Jump Both feet back, Clap hands&3-4 Jump Both feet back, Clap hands

5 – 8 Walk full round to backwards with R,L,R, Hold ****Restart here

(17-24) Hip Bumps, Hold x2

1 – 4 Step L fwd with Hip bumps L,R,L, Hold
5 – 8 Step R fwd with Hip bumps R,L,R, Hold

(25-32) Rock fwd, 1/4 Turn R x2, Side, Touch, Side, Touch

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1 – 2	Rock L fwd, ¼ Turn R and Recover on R
3 – 4	Rock L fwd, ¼ Turn R and Recover on R (6.00)
5 – 6	Step L to Left side, Touch R Diag fwd
7 – 8	Step R to R side, Touch L Diag fwd

(33-40) Side Shuffle L, Rock Back, Recover, Heel Ball Cross, Heel Ball Cross

1 & 2	Step L to L side, Step R next to L, Step L to L side
3 – 4	Rock R back , Recover on L
5 & 6	Touch R heel fwd, Step R down, Step L across R
7 & 8	Touch R heel fwd, Step R down, Step L across R

(41-48) Side Shuffle R, Behind, 1/4 Turn R, Step fwd, Pivot 1/2 Turn R, Step Fwd, Hold

1 & 2	Step R to R side, Step L next to R, Step R to R side
3 – 4	Step L behind R, ¼ Turn R and step R fwd(9.00)
5 – 6	Step L fwd, Pivot ½ Turn R (3.00)

7 – 8 Step L fwd, Hold

Restart:

During the 5th wall after count 16 start again with count 1 but instead of starting with R, you start with your L.

He sings: Your L foot up.

The rest of the dance is the same as written

Website: www.franciensittrop.nl