Moving South Rumba

Ebene: Beginner Rumba

Choreograf/in: Karen Tripp (CAN) - June 2010

Musik: Moving South - Ross Mitchell, His Band and Singers : (CD: The Best of the Dansan Years Vol. 3)

Start: 16-count wait, left foot free

Count: 32

HALF RUMBA BOX (& HOLD), FORWARD LOCK FORWARD (& HOLD)

- 1-4 Step left to left side, step right together, step forward on left, hold
- 5-8 Step diagonally forward on right, lock left behind right, step diagonally forward on right, hold

HALF RUMBA BOX BACK (& HOLD), BACK LOCK BACK (& HOLD)

- Step left to left side, step right together, step left back, hold 9-12
- 13-16 Step diagonally back on right, cross left in front of right, step diagonally back on right, hold

RUMBA BASIC LEFT (& HOLD), ROCK 3 (& HOLD)

- Step side on left, step right next to left, step side on left, hold 17-20
- 21-24 Rock side on right, left, right, hold

FRONT WEAVE & SWEEP, BEHIND, SIDE ¼ RIGHT, FORWARD (& HOLD)

- Cross left over right, step right to side, cross left behind right, sweep right toe forward and 25-28 around to the side, continuing to the back
- 29-32 Cross right behind left, turn 1/4 right and step side on left, step right forward, hold

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