Make You Sweat

Count: 32

Ebene: Improver

Choreograf/in: Ria Vos (NL) - June 2010

Musik: Uhh La La La - Chi Hua Hua : (CD: Dansk Melodi Grand Prix 2005)

Wand: 4

Intro: 24 counts, start on vocals	
Side, Touch, Si 1& 2& 3&4 5&6 7&8	de, Kick, Behind, ¼ Turn L, Step Fwd, Step, Pivot ½ Turn R, Step, Full Triple Turn L, Step R to Right Side, Touch L Next to R Step L to Left Side, Kick R to Right Diagonal Step R Behind L, ¼ Turn Left Step Fwd on L, Step Fwd on R (9:00) Step Fwd on L, Pivot ½ Turn Right, Step Fwd on L (3:00) ½ Turn Left Step Back on R, ½ Turn Left Step Fwd on L, Step Fwd on R (3:00)
Rocking Chair, Step Pivot ¼ Turn R, Cross, Toe Struts, Chasse R	
1&2&	Rock Fwd on L, Recover on R, Rock Back on L, Recover on R
3&4	Step Fwd on L, Pivot ¼ Turn Right, Cross L Over R (6:00)
5&6&	Step R Toe to Right Side, Drop R Heel, Cross L Toe Over R, Lower L Heel
7&8	Step R to Right Side, Step L Next to R, Step R to Right Side
***Restart Point wall 3	
	B: When he sings "From the tip of your toes to the top of your head"
5& 6&	Both arms to Right Side, Snap fingers Both arms to Left Side, Snap Fingers
7&8	Both hands to Right side above your head palms facing out, "push up" twice
780	both hands to Right side above your head pains facing out, push up twice
Sway Out L, Sway Out R, Coaster Step, Jazz box ¼ Turn R, Lock Step Fwd	
1-2	Step Out and Fwd on L with Hip Sway, Step Out on R with Hip Sway
3&4	Step Back on L, Step R Next to L, Step Fwd on L
5&6	Cross R Over L, ¼ Turn Right Step Back on L, Step R to Right Side (9:00)
7&8	Step Fwd on L, Lock R Behind L, Step Fwd on L
Mambo Fwd, Run Back x3, Point, Hitch, Point, Flick, Big Side Step, Together	
1&2	Rock Fwd on R, Recover on L, Step Back on R
3&4	"Run" Back Stepping L, R, L
5&6&	Point R to Right Side, Hitch R, Point R to Right Side, Flick R Behind L Leg
7-8	Step R Large Step to Right Side Dragging L Towards R, Step L Next to R
Arms Count 5-8: When he sings "From the tip of your toes to the top of your head"	
5-6	R arm to Right Side Snap fingers, Repeat on count 6
7-8	Swing R arm around above head palm of hand facing up
Restart: There is one restart on wall 3 after count 16, Add: Step L Next to R on the '&' Count and start again from count 1 (12:00)	
Ending: You wi 3&4	ll end with count 1-4 of section 3, replace the Coaster step with: Step Back on L, ½ Turn R Step Fwd on R, Step Fwd on L to end facing front wall



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