

# Hold On 4

Count: 48

Wand: 4

Ebene: Intermediate

Choreograf/in: Judy Cain (USA) - March 2010

Musik: You Should Be Dancing - Bee Gees



## 2 COUNTS VINE BALL CHANGE HOLD, 2 SAILOR SHUFFLES

- 1-2 Step R to right, L behind R,  
& 3 4 Step R to right & L to left, hold 4 (for style this can face 1:30 & return to 12:00 on 5)  
5 & 6 R behind L, L to left, R in place  
7 & 8 L behind R, R to right, L in place

## ¼ PIVOT BALL CHANGE HOLD, TRAVELING BALL CHANGE WITH HIPS

- 1-2 R forward, ¼ left turn step on L,  
& 3 4 Step R beside left & L to left, hold  
&5 Step R beside L pushing hips to left & L to left pushing hips to right  
&6 hips L & R,  
&7 Step R beside L pushing hips to left & L to left pushing hips to right,  
&8& hips L, R, L

**\*Restart on wall 4**

## SIDE SHUFFLE STEP HOLD, HIPS

- 1 & 2 R to right, L beside right, R to right  
3 4 step L front of right, hold  
5-8 Push hips forward, back, forward, back

## SIDE SHUFFLE STEP HOLD, HIPS

- 1 & 2 L to left, R beside left, L to left  
3 4 step R front of left, hold  
5-8 circle hips counter clockwise 2 times, weight ends on L

## SHUFFLE FORWARD STEP HOLD

- 1 & 2 R forward, L beside right, R forward  
3 4 Step L forward hold  
5 & 6 R forward, L beside right, R forward  
7 8 Step L forward hold

## ROCK RECOVER ½ TURN HOLD, ROCK STEP COASTER

- 1-4 R forward, L in place, ½ right turn, step R forward, hold 4  
5-8 L forward, R in place, L back, R beside L, L forward.

**Start over**

**If using the suggested music there is a restart on the 4th wall after the first 16 counts \***

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