

Be The First One

Count: 64

Wand: 4

Ebene: Intermediate

Choreograf/in: Gordon Elliott (AUS) - January 2010

Musik: I Want to Be the First One - Darryl & Don Ellis : (CD: No Sir)



Introduction: 16 beats

Side, Behind, Side, Across, Side Shuffle, Back, Rock

- 1-2 Step right to side, cross left behind right
- 3-4 Step right to side, cross left over right
- 5&6 Chassé side right, left, right
- 7-8 Step left back, rock forward to right

Side, Behind, Side, Across, Side Shuffle, Back, Rock

- 1-2 Step left to side, cross right behind left
- 3-4 Step left to side, cross right over left
- 5&6 Chassé side left, right, left
- 7-8 Step right back, rock forward to left

Kick Ball Step, Kick Ball Step, Hip, Hip, Hip, Touch

- 1&2 Kick right forward, step right together, step left forward
- 3&4 Kick right forward, step right together, step left forward
- 5-6 Step right forward push hips forward, push hips back
- 7-8 Bump hips forward, touch left together

Kick Ball Step, Kick Ball Step, Hip, Hip, Hip, Touch

- 1&2 Kick left forward, step left together, step right forward
- 3&4 Kick left forward, step left together, step right forward
- 5-6 Step left forward push hips forward, push hips back
- 7-8 Bump hips forward, touch right together

Back Strut, Back Strut, Back Strut, Back Strut

- 1-2 Step right toe back, drop right heel (click fingers)
- 3-4 Step left toe back, drop left heel (click fingers)
- 5-6 Step right toe back, drop right heel (click fingers)
- 7-8 Step left toe back, drop left heel (click fingers)

Back, Rock, Paddle Turn, Paddle Turn, Paddle Turn

- 1-2 Step right back, rock forward to left
- 3-4 Step right forward, turn ¼ left (weight to left)
- 5-6 Step right forward, turn ¼ left (weight to left)
- 7-8 Step right forward, turn ¼ left (weight to left)

Across, Side, Sailor Step, Across, Side, Sailor Step

- 1-2 Cross right over left, step left to side
- 3&4 Right sailor step
- 5-6 Cross left over right, step right to side
- 7&8 Left sailor step

Rocking Chair, Side, Rock, Touch, Clap

- 1-2 Step right forward, rock back to left
- 3-4 Step right back, rock forward to left

5-6 Step right to side, side rock to left
7-8 Touch right together, clap

Repeat
