

# Sweet Sister

Count: 32

Wand: 4

Ebene: Intermediate

Choreograf/in: Sadiah Heggernes (NOR/UK) - February 2010

Musik: Hey, Soul Sister - Train : (CD: Save Me, San Francisco)



32 count intro – start on main vocals

## Section 1: Hip Sways, ¼ Turn, Shuffle Forward, Step, Full Turn, Step

- 1-3 Small step on right diagonal swaying hips right-left-right  
4&5 ¼ turn left step forward on left. Close right beside left step forward on left (9.00)  
6 Step forward on right  
7&8 ½ turn right step back on left. ½ turn right step forward on right. Step forward on left

## Section 2: Step, Rock Forward, Chasse ¼ Turn, Shuffle Forward, Step, Pivot, Step

- &1-2 Small step right beside left. Rock forward on left. Recover weight onto right  
3&4 ¼ turn left step left to side. Close right beside left. Step left to side (6.00)  
5&6 Step forward on right. Close left beside right. Step forward on right  
7&8 Step forward on left. Make ½ pivot right. Step forward on left (12.00)

## Section 3: Diagonal Toe Struts, ¼ Turn, Side, Step, Kick Ball Touch, Sailor ½ Turn

- 1& Step right toe to right diagonal. Step down on right heel  
2& Cross left toe over right. Step down on left heel  
3&4 ¼ turn left stepping back on right. Step left to side. Step forward on right (9.00)  
5&6 Kick left forward. Step down on left. Touch right to side  
7&8 1/4 turn to right crossing right behind left. 1/4 turn right stepping left next to right, step forward on right. (3:00)

## Section 4: Step, Rock Forward, Coaster Step, Side Rock Touch, Run back with Hitch

- &1-2 Small step left beside right. Rock forward on right. Recover weight onto left  
3&4 Step back on right. Step left beside right. Step forward on right  
5&6 Rock left to side. Recover weight onto right. Touch left beside right  
7&8 Run back left-right-left hitching right knee beside left

Ending: You will be facing 6.00: Cross right over left, unwind ½ turn left to face 12:00

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