The Silence



Count: 80 Wand: 1 Ebene: Advanced

Choreograf/in: Val Parry (UK) - February 2010

Musik: The Silence - Alexandra Burke



INTRO - Starts on word "UP" as she sings "You Lift Me UP"

WALL 1 ONLY (Special sequence) - STARTS on Section 7 Dance through sections 7-10 and then Section 5-6 After completing wall 1 you will be facing the 6'clock wall. Now dance walls 2, 3, 4 with Tag at end of wall 3

Section 1: NOTE: Always starts on 6 o'clock wall

1, 2 d Otep 1/4 right, rum 1/2 right stepping back on left, rum /4 right stepping right to right sit	1, 2 &	Step 1/4 right, Turn 1/2 right stepping back on left, Turn $^{1\!\!4}$ right stepping right to righ	t side
--	--------	---	--------

- 3 4 & Cross rock left over right, Recover onto right, turn 1/4 left stepping forward on left
- 5, 6 Rock Forward on right, recover weight on Left,
- 7 & 8 & Rock Back on Right, Recover weight on left, step forward on right, pivot ½ left WOL [9]

Section 2: FORWARD ROCK, SWEEP 1/2 COASTER STEP, CROSS ROCK, SIDE ROCK CROSS

- 1, 2 Rock Forward on right, recover weight on left
- 3 & 4 Sweep ½ right, stepping Right behind Left, Step left next to right, step forward on Right.
- 5, 6 Cross rock left over right, Recover onto right
- 7 & 8 Rock left out to left side, recover weight on right, cross left over right WOL [3]

Section 3: FULL ROLLING TURN RIGHT, CROSS ROCK 1/4, FORWARD ROCK, BACK ROCK, PIVOT 1/2

- 1, 2 & Step 1/4 right, Turn 1/2 right stepping back on left, Turn 1/4 right stepping right to right side
- 3 4 & Cross rock left over right, Recover onto right, turn 1/4 left stepping forward on left
- 5, 6 Rock Forward on right, recover weight on Left,
- 7 & 8 & Rock Back on Right, Recover weight on left, step frwrd on right, pivot ½ left WOL [6]

Section 4: FORWARD ROCK, SWEEP ½ COASTER STEP, CROSS ROCK, SIDE ROCK CROSS

- 1, 2 Rock Forward on right, recover weight on left
- 3 & 4 Sweep 1/2 right, stepping Right behind Left, Step left next to right, step forward on Right.
- 5, 6 Cross rock left over right, Recover onto right
- 7 & 8 Rock left out to left side, recover weight on right, cross left over right WOL [12]

Section 5: RIGHT AND LEFT NIGHTCLUB BASICS, STEP FULL TURN, MAMBO FORWARD

- 1, 2 & Step right long step to right. Rock left back behind right. Recover onto right.
- 3, 4 & Step left long step to left. Rock right back behind Left. Recover onto left.
- 5, 6, 7, Step forward on right, Moving forward, make full turn right stepping left back, right forward 8 & 1 Rock forward on left, recover weight on right, Step back on left WOL [12] (**WALL 1 [3])

Section 6: SWEEP, STEP BEHIND, (4 Times) SAILOR 1/4, CROSS

&2 &3 Sweep right out from front. Step right behind left. Sweep left out from front. Step left behind

right.

&4 &5 Sweep right out from front. Step right behind left. Sweep left out from front. Step left behind

riaht.

- 6 & 7 Sweep right out 1/4 turn right Cross right behind left, step left in place, Step right to right side
- 8 Cross step Left over Right WOL [3] (**WALL 1 [6])

Section 7: THIS IS WHERE WALL ONE STARTS

SIDE, CROSS ROCK SIDE, CROSS 1/4 1/4, CROSS ROCK, FULL ROLLING TURN

1, 2 & 3	Step Right long step right, Cross rock left over right, recover weight on right, Step left to left side	
4 & 5 6, 7,	Cross right over left, turn ¼ right stepping back on left, turn ¼ right stepping right to right side Cross rock left over right, recover weight on right	
8 & 1	Turn ¼ left, step L frwrd, turn ½ left step R back, Turn ¼ left step L side, WOL [9] (**WALL 1 [6])	
Section 8: CROSS, SIDE, SAILOR ¼, WALK, WALK, STEP PIVOT ½, STEP FORWARD 2, 3, Cross step Right over Left, step Left to Left side.		

4 & 5 Sweep Right behind Left, make 1/4 turn to Right step Left next to Right, step forward on Right.

6, 7, Walk Forward L, R,

8 & 1 Step forward Left,. Pivot 1/2 turn right, Step forward left WOL [6]] (**WALL 1 [3])

Section 9: FORWARD ROCK, COASTER STEP, STEP TURN BACK, SHUFFLE HALF TURN

2, 3, Forward Rock on right, recover on left

4 & 5 Step back on right, step left next to right, step forward on right

6, 7, Step forward on left, turn ½ left stepping back on right

8 & 1 shuffle 1/2 turn left stepping left, right, left WOL [6]] (**WALL 1 [3])

Section 10: CROSS ROCK, SIDE ROCK CROSS, SWAY LEFT RIGHT LEFT

2, 3, Cross rock right over left, Recover onto left

4 & 5 Rock right out to right side, recover weight on left, cross right over left

6, 7, 8 Sway L, Sway R, Sway L WOL [6]] (**WALL 1 [3])

TAG 8 Counts, Done once only facing the 6 o'clock wall after wall 3

1 - 2 Step right to right side, 1/2 hinge turn right stepping left to left side,

3 - 4 Sway onto right, Sway onto left

5 - 6 Step right to right side, 1/2 hinge turn right stepping left to left side,

7 - 8 Sway onto right, Sway onto left WOL [6]

ENDING DANCE UP TO COUNT 5 OF SECTION 10 replace counts 6,7,8, with

6,7,8 sway L, Step right to right side, 1/2 hinge turn left stepping left to left side WOL [12]

http://www.cynon-stompers.co.uk - EMAIL: val@cynon-stompers.co.uk