

Complicated Heart

Count: 32

Wand: 4

Ebene: Improver / Intermediate

Choreograf/in: Louise Elfvengren (NOR) - January 2010

Musik: Complicated Heart - Michael Learns to Rock



Start dancing 2 counts before lyrics.

Section 1

CROSS, STEP, CHASSE, CROSS STEP, CHASSE

- 1-2 Cross right over left, step down left behind right.
3&4 Step right to right side, left next to right, step right to right side.
5-6 Cross left over right, step down right behind left.
7&8 Step left to left side, right next to left, step left to left side.

Section 2

STEP TURN ¼ LEFT, BEHIND SIDE CROSS, ROCK REC. SAILOR STEP

- 1-2 Step forward right, turn ¼ left stepping down on left.
3&4 Step right behind left, step left next to right, cross right in front of left.
5-6 Rock to left side, recover onto right.
7&8 Step left behind right, step down on right, step down on left.

Section 3

½ TURN LEFT, COASTER STEP, DIAG. LOCK STEPS FW R&L

- 1-2 Step forward right, turn ½ left with weight on right.
3&4 Step back on left, step right next to left, step forward on left.
5&6 Step right forward diag. to right, step left behind right, step forward on right.
7&8 Step left forward diag. to left, step right behind left, step forward on left.

Section 4

SKATE R&L, SHUFFLE FW, ROCK REC. COASTER STEP

- 1-2 Swivel right diag, to right side, swivel left diag. to left side
3&4 Step right forward, step left beside right, step right forward.
5-6 Rock forward on left, recover onto right.
7&8 Step back on left, step right next to left, step forward on left.

TAG 8 counts: After finishing wall 3 & 6: Dance Section 4 one more time.

Then RESTART from section 1. (Tag on wall 6 makes it perfect, but it works without it.)