About A Girl



Count: 64 Wand: 2 Ebene: Intermediate

Choreograf/in: Neville Fitzgerald (UK) & Julie Harris (UK) - November 2009

Musik: About a Girl - Sugababes : (Single)



Starts After 48 Counts.

Side, Touch, Side, Behind & Rock Step, 1/4, Step.

1-3 Step Left to Left side, touch Right next to Left, step Right to Right side.

Cross step Left behind Right, step Right to Right side, cross rock Left over Right.

Recover on Right, make 1/4 turn Left stepping forward Left, step forward Right.

Side, Hold, In In, Heel, Grind, Coaster Step, Step.

1-2 Step Left to Left side, Hold.

&3 Step Right to centre, step Left next to Right.

4-5 Step Right heel forward, grind Right heel to Right as you recover weight to Left.

6&7 Step back on Right, step Left next to Right, step forward on Right.

8 Step forward on Left.

1/2 Pivot, Step, 1/2, 1/4, Jazz Box.

1-2 Pivot 1/2 turn to Right, step forward on Left.

3-4 Make 1/2 turn to Left stepping back on Right, 1/4 turn to Left stepping Left to Left side.

5-6 Cross step Right over Left, step back on Left.

7-8 Step Right to Right side, cross step Left over Right.

1/4 Turn, Hold, Ball 1/4 Turn, Hold, Ball Step, Step, 1/4, Cross.

1-2 Make 1/4 turn Right stepping forward on Right, Hold.

&3-4 Step Left next to Right, make 1/4 turn to Right stepping forward on Right, Hold.

&5-6 Step Left next to Right, step forward on Right, step forward on Left.

7-8 Pivot 1/4 turn to Right, cross step Left over Right. **R2**

1/4, 1/4, Rock Step, Side, Cross, 1/4, 1/4 Rock.

1-2 Make 1/4 turn to Left stepping back on Right, 1/4 turn to Left stepping Left to Left side.

3-4 Cross rock Right over Left, recover on Left.

5-6 Step Right to Right side, cross step Left over Right.

7-8 Make 1/4 turn to Left stepping back on Right, 1/4 turn to Left rocking Left to Left side.

Recover, Sailor 1/4, Mambo Step, Touch, 1/2, Stomp.

Recover on Right.

2&3 Make 1/4 turn to Left crossing Left behind Right, step Right next to Left, step forward on Leftt.

4&5 Rock forward on Right, recover on Left, step back on Right.

6-8 Touch Left toe back, unwind 1/2 turn to Left taking weight on Left, Stomp Right next To Left.

R

Side Rock & Point, 1/4, Rock Step, Back, Back.

1-2 Rock to Left side on Left, recover on Right.

&3-4 Step Left next to Right, point Right to Right side, make 1/4 turn Right stepping Right next to

Left.

5-6 Rock forward on Left, recover on Right.

7-8 Walk back Left-Right.

Side Rock & Point, 1/4, Rock Step, Back, 1/2.

1-3 Rock to Left side on Left, recover on Right.

&3-4 Step Left next to Right, point Right to Right side, make 1/4 turn Right stepping Right next to Left.

5-6 Rock forward on Left, recover on Right

7-8 Step back on Left, make 1/2 turn to Right stepping forward on Right.

R Restart.. Walls 1 & 3

Dance Up To & Including Count 48 Then Restart Dance From Count 1.

R2 Restart 2.. Wall 6

Dance Up To & Including Count 5 (29) in Section 4 Then...

6-8 Rock forward on Left, recover on Right, touch Left next to Right.. Then Restart from Count 1

(amended 22/11/09)