

Broken Heels

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Jo Kinser (UK), John Kinser (UK) & Mark Furnell (UK) - October 2009

Musik: Broken Heels - Alexandra Burke : (Album: Overcome)



Start 48 counts in from the beginning (0:18) on the words Hey Hey Hey.

(1-8) Kick, Kick, Rock Step, Step Lock, Step Scuff

- 1,2 Kick Rt fwd, Kick Rt to Rt diagonal
- 3,4 Rock Rt back, Replace weight Lt
- 5,8 Step Rt fwd, Lock Lt behind Rt, Step Rt fwd, Scuff Lt fwd

(9-16) Step Lock, Step Scuff, Side Behind Side Cross

- 1,4 Step Lt fwd, Lock Rt behind Lt, Step Lt fwd, Scuff Rt fwd
- 5,8 Step Rt to Rt, Step Lt behind Rt, Step Rt to Rt, Cross Lt in front of Rt

(17-24) Rock Replace, Cross Hold, Full Turn, Hold

- 1,2 Rock Rt to Rt, Replace weight Lt
- 3,4 Cross Rt in front of Lt, Hold
- 5,6 Make 1/4 turn Rt stepping back Lt, Make 1/2 turn Rt stepping Rt fwd
- 7,8 Make 1/4 turn Rt stepping Lt to Lt, Hold

(25-32) Cross, Side, Heel, Down, Cross, Back, Side, Hold

- 1,2 Cross Rt in front of Lt, Step Lt in place
- 3,4 Present Rt heel fwd, Step Rt in place
- 5,6 Cross Lt in front of Rt, Step Rt back
- 7,8 Step Lt to Lt, Hold

(33-40) Sailor 1/2 Hold, Full Turn, Fwd, Hold

- 1,2 Step Rt behind Lt, Make 1/4 turn Rt stepping Lt fwd
- 3,4 Make 1/4 turn Rt stepping Rt fwd, Hold
- 5,8 Make 1/2 turn Lt stepping Lt fwd, Make 1/2 turn Lt stepping Rt in place, Step Lt fwd, Hold

(41-48) Step Lock, Step Hold, Full Turn Fwd, Hold

- 1,4 Step Rt fwd, Lock Lt behind Rt, Step Rt fwd, Hold
- 5,6 Make 1/2 turn Rt stepping back Lt, Make 1/2 turn Rt stepping fwd Rt
- 7,8 Step Lt fwd, Hold

Restart Here:

4th Repetition, starting facing the back wall. You dance 48 counts and start the dance again facing the front wall.

(49-56) Full Turn Fwd, Hold, Kick Cross Rock Back

- 1,2 Make 1/2 turn Lt stepping back Rt, Make 1/2 turn Lt stepping fwd Lt
- 3,4 Step Rt fwd, Hold
- 5,8 Kick Lt to Lt diagonal, Cross Lt in front of Rt, Rock Rt back (Large Step), Replace weight Lt

(57-64) Heel Stomp, Heel Stomp, Heels Fwd Fwd, Back Together

- 1,4 Grind Rt heel fwd, Stomp Lt fwd, Repeat (Note traveling fwd)
- 5,6 Step fwd on Rt heel, Step fwd on Lt heel next to Rt
- 7,8 Step Rt back, Step Lt next to Rt

TAG: Just before the instrumental section you have a 8 count Tag, after the 7th repetition. You be facing the back wall.

1,8 Cross Rt in front of Lt, and unwind 1/2 turn Lt to face the front wall.

HAVE FUN

Co-choreographers: (10.09)

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