

Straighten Up

Count: 64

Wand: 4

Ebene: Beginner

Choreograf/in: Rob Fowler (ES) - October 2009

Musik: Straighten Up and Fly Right - Neal McCoy



Toe Strut, Toe Strut, Rock ¼ Turn

- 1,2 Right Toe Strut
- 3,4 Left Toe Strut
- 5,6 Rock forward onto right, recover back onto left
- 7,8 Make ¼ turn right Stepping right to right side, Hold

Left Box Step, Side Touch, Swivel

- 1,2 Cross Left over right, Step back onto right
- 3,4 Step Left to left side, touch right next to left
- 5,6 Step right to right side, step left next to right
- 7,8 Swivel Heels to the right, recover back to centre

Rumba Box Forward, Rumba Box Back

- 1,2 Step left to left side, Step right next to left
- 3,4 Step forward onto left, Hold
- 5,6 Step right to right side, Step left next to right
- 7,8 Step back onto right, Hold

Hips Bumps Left Right, Side Together Side

- 1,2 Bump hip to the left hold
- 3,4 Bump hip to the right hold
- 5,6 Step left to left side, step right next to left
- 7,8 Step left to left side, hold

Rock Step Weave, & Slide

- 1,2 Rock right over left, recover back onto left
- 3,4 Step right to right side, cross left over right
- 5,6 Step right to right side, cross left behind right
- 7,8 Take long step to right side, hold

Rock Step ¼ Turn Left, ¼ Turn Side Rock Cross, Slide

- 1,2 Rock Left over right, rock back onto right
- 3,4 ¼ Turn to left stepping forward onto left, Make ¼ turn to left rocking right to right side
- 5,6 Rock left to left side, cross right over left
- 7,8 Take long step to the left, Hold

Rock Back And Side, Rock Back And Side

- 1,2 Rock right behind left, rock forward onto left
- 3,4 Step right to right side, Hold
- 5,6 Rock left behind right, rock forward onto right
- 7,8 Step left to left side, Hold

Step Forward Right, Hold, Half Pivot Turn, Step Forward Right Half Pivot, Run Run

- 1,2 Step forward onto right, Hold
- 3,4 Make a half turn left, Hold
- 5,6 Step forward onto right, Make half to left
- 7,8 Run forward right, run forward left

End of Dance
