

# She Wolf

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Carol Reid (UK) - September 2009

Musik: She Wolf - Shakira



**Start on vocals - 35 seconds**

## **RIGHT FORWARD SHUFFLE, STEP ½ TURN, LEFT SHUFFLE, FULL TURN**

- 1&2 step forward on right foot, bring left next to right, step forward on right  
3-4 step forward on left, turn ½ turn to the right  
5&6 step forward on left foot, bring right foot next to left, step forward on left  
7-8 turn ½ turn left stepping back on right foot, turn ½ turn left stepping forward on left

## **RIGHT KICK BALL TOUCH, LEFT SAILOR ¼ TURN, RIGHT HEEL & TOUCH X 2**

- 1&2 kick right forward, step down on right, point left to left side  
3&4 swing left behind right, turn ¼ turn to left step onto right foot, step left to left side  
5&6 touch right heel forward, bring right next to left, touch left toe next to right  
&7&8 step down on left foot, touch right heel forward, bring right foot next to left, touch left toe next to right

## **VINE LEFT WITH TOUCH, ¼ TURN, ½ TURN, SHUFFLE ¼ TURN**

- 1-2 step left to left side, step right behind left  
3-4 step left to left side, touch right next to left  
5-6 turn ¼ turn right onto right foot, turn ½ turn right stepping back onto left  
7&8 turn ¼ turn right stepping right to right side, bring left next to right, step right to right side

## **TOUCH FRONT, SIDE, SAILOR STEP, TOUCH FRONT, SIDE SAILOR ¼ TURN TO RIGHT**

- 1-2 touch left toe forward, touch left toe to left side  
3&4 left behind right, step right to right side, step left next to right  
5-6 touch right toe forward, touch right toe to right side  
7&8 step right behind left, turn ¼ turn to right stepping left beside right, step right to right side

## **LEFT & RIGHT LOCK STEPS, LEFT SHUFFLE FORWARD, RIGHT MAMBO STEP**

- 1-2& step forward on left, lock right behind left, step forward on left  
3-4& step forward on right, lock left behind right, step forward on right  
5&6 step forward on left foot, bring right next to left, step forward on left  
7&8 rock forward on right recover onto left foot, step back on right foot

## **STEP BACK & SWEEP X 2, SAILOR ¼ TURN, RIGHT KICK & POINT, POINT, TOUCH**

- 1-2 swing left foot out and behind right, swing right foot out and behind left\*  
3&4 step left behind right, turn ¼ turn to left stepping right to right side, step left next to right  
5&6 kick right foot forward, step right next to left, point left to left side  
&7-8 step onto left foot, point right to right side, touch right next to left

## **RESTART HERE**

## **RIGHT SHUFFLE, MAMBO ½ TURN, KICK & POINT, SAILOR ¼ TURN**

- 1&2 step forward on right, step left next to right, step forward on right  
3&4 rock forward on left, recover weight on right, turn ½ turn left stepping onto left  
5&6 kick right foot forward, step right next to left, point left foot to left side  
7&8 step left behind right, turn ¼ turn to left stepping right to right side, step left next to right

## **RIGHT VINE, ROLLING VINE WITH TOUCH**

- 1-2 step right to right side, step left behind right

- 3-4 step right to right side, touch left next to right,  
5-6 turn  $\frac{1}{4}$  turn to left stepping left forward, turn  $\frac{1}{2}$  turn left stepping back on right foot  
7-8 turn  $\frac{1}{4}$  turn left stepping left to left side, touch right beside left

**RESTART ON WALL 2**

**dance until count 42\* instead of sailor  $\frac{1}{4}$  turn, do a sailor  $\frac{1}{2}$  turn then continue to count 48 then restart dance from beginning. you will be facing back wall**

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