

# Sum Lei Yau Hei

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Leong Mei Ling (MY) - July 2009

Musik: Me, Myself & I (Cha-Cha Mix) - Vitamin C



**Alternative: Sum Lei Yau Hei by Daniel Chan (125bpm)**

**Intro: 32 counts**

## **(1-8) CROSS, BALL SIDE, CROSS ROCK SIDE, BACK ROCK, STEP LOCK STEP (S-L-S)**

- 1-2&3 Cross R over L, hold (2), press ball of L beside R, push off on ball of L and step R to right  
4&5 Cross rock L over R, recover R, step L to left  
6-7 Rock back R, recover L  
8&1 Step R forward, lock L behind R, step R forward [12:00]

## **(9-16) CROSS, 1/4 LEFT, S-L-S, TOGETHER, STEP, S-L-S (FAN DEVELOPMENT)**

- 2-3 Cross L over R [1:30], 1/4 turn left step back R [9:00]  
4&5 Step L back, lock R across L, step L back  
&6 Bring ball of R beside L (&), change weight to R and release L heel (6)  
7 Step L forward  
8&1 Step R forward, lock L behind R, step R forward

## **(18-24) RIGHT SPIRAL, STEP, S-L-S, 1/4 LEFT SWEEP, STEP, HIP BUMPS**

- 2 Step L forward and make a full turn right (ending with R across and resting over L ankle)  
3 Step R forward  
4&5 Step L forward, lock R behind L, step L forward (prep for turn & sweep)  
6-7 Turn 1/4 left sweeping R to front, Step R across L [6:00]  
8&1 Step L to left - hip bumps left & left

**(Easier option for count 2-3: Step L forward, lock R behind L)**

## **(25-32) HIP SWAYS, HIP BUMPS, HIP SWAYS, BACK ROCK**

- 2-3 Sway hips right, sway hips left  
4&5 Hip bumps right & right  
6-7 Sway hips left, sway hips right  
8& Rock back L, recover R

## **(33-40) SYNCOPATED SHUFFLE, TAP BALL STEP, ROCK, 1/8 TURN STEP-TOGETHER**

- 1-2&3 Step L forward to left diagonal, hold, step ball of R behind L, step L forward to left diagonal [4:30]  
4&5 Tap R behind L, press R ball behind & slight away from L (pushing R hip behind), recover R  
6-7 Rock R forward, recover L  
8& 1/8 turn right step R to right, step L beside R [6:00]

## **(41-49) SYNCOPATED SIDE SHUFFLE, CROSS ROCK, SIDE ROCK, 1/2 TURN SWEEP, SAILOR STEP**

- 1-2&3 Step R to right, hold, step L beside R, step R to right  
4&5& Rock L fwd, recover weight to R, touch L  
6-7 Step L forward, turn 1/2 right sweeping R front to back (weight remains on L) [12:00]  
8&1 Step ball of R behind L, press ball of L beside R, step R to right diagonal [1:30]

## **(50-57) HOLD, SYNCOPATED SHUFFLE, CROSS ROCK, SIDE, CROSS, 1/4 TURN, SIDE ROCK TOUCH**

- 2&3 Hold, step ball of L behind R, step R forward to right diagonal  
4&5 Cross L over R, recover to L, step L to side (left foot & body to face 10:30)  
6-7 Step R forward [10:30], 1/4 turn right step L back [3:00]

8&1 Rock R to right, recover L, touch R beside L

**(58-64) BACK ROCK, S-L-S, STEP, 1/2 TURN, BACK TOGETHER**

2-3 Rock back R, recover L

4&5 Step R forward, lock L behind R, step R forward

6-7 Step fwd L, turn 1/4 right touch R beside L

8& Rock R to side, recover weight to L

**REPEAT**

**Note: Many thanks to my mother, my first cha-cha 'teacher' and to Bronya for her invaluable input.**

**Last Update - 14 July 2023 - R2**

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