

Catch Me If You Can

Count: 64

Wand: 2

Ebene: Improver

Choreograf/in: Audrey Watson (SCO) - November 2008

Musik: Catch Me If You Can - Hugo Duncan : (Album: A Little Bit of Irish)



Intro: 16 Counts *Note: Don't be put off by the counts, as there are a lot of hold's in the dance.

SECTION ONE: SIDE HOLD, BACK ROCK, SIDE HOLD, BACK ROCK.

- 1-2 Step right to right side, hold for a beat.
- 3-4 Rock left behind right, recover fwd on right.
- 5-6 Step left to left side, hold for a beat.
- 7-8 Rock right behind left, recover fwd on left.

SECTION TWO: ½ TURN HEEL STRUTS X 4

- 1-8 Strutting ½ turn right on the spot starting with right heel strut, left heel strut, right heel strut, left heel strut.

Restart Here on Wall 6

SECTION THREE: FWD ROCK BACK HOLD, BACK LOCK STEP HOLD.

- 1-2 Rock fwd on right, recover back on left.
- 3-4 Rock back on right, hold for a beat.
- 5-6 Step back on left, lock right over left.
- 7-8 Step back on left, hold for a beat.

SECTION FOUR: BACK COASTER STEP HOLD, LOCK STEP FWD HOLD.

- 1-2 Step back on right, step left next right.
- 3-4 Step fwd on right, hold for a beat.
- 5-6 Step fwd on left, lock right behind left.
- 7-8 Step fwd on left, hold for a beat.

SECTION FIVE: STEP PIVOT ½ TURN STEP HOLD, TOUCH HOLD, BACK HOLD.

- 1-2 Step fwd on right, turn ½ left.
- 3-4 Step fwd on right, hold for a beat.
- 5-6 Touch left toe fwd, hold for a beat.
- 7-8 Step back on left, hold for a beat.

SECTION SIX: TOUCH BACK HOLD, FWD HOLD, LOCK STEP LOCK HOLD.

- 1-2 Touch right toe back, hold for a beat.
- 3-4 Step fwd on right, hold for a beat.
- 5-6 Step fwd on left, lock right behind left.
- 7-8 Step fwd on left, hold for a beat.

SECTION SEVEN: CROSS , BACK, ½ TURN SHUFFLE HOLD.

- 1-2 Cross right over left, hold for a beat.
- 3-4 Step back on left, hold for a beat.
- 5-6 Turn ¼ turn right stepping right to r/side, close left next right.
- 7-8 Turn ¼ right stepping fwd on right, hold for a beat.

SECTION EIGHT: CROSS, BACK, BACK & STOMP, HOLD.

- 1-2 Cross left over right, hold for a beat.
- 3-4 Step back on right, hold for a beat.
- 5-6 Rock back on left, recover fwd on right.
- 7-8 Stomp left next right, hold for a beat

Start again
