

Sister Act

Count: 40

Wand: 4

Ebene: Intermediate

Choreograf/in: Chris Herbing (AUS) & Liz Layton (AUS) - March 2009

Musik: I Will Follow Him - Little Peggy Marsh : (CD: Film Music 90 Vol 3)



Intro: 32 beat intro.

(1-8) Step R To 45 Left, Lock L Behind, Shuffle Forward To Front, Step L To 45 Right, Lock R Behind, Shuffle Forward To Front.

1,2,3&4 Step R to 10 o'clock angle, lock L behind R, shuffle forward to 12.00 angle, R-L-R

5,6,7&8 Step L to 2. o'clock angle, lock R behind L, shuffle forward to 12.00 L-R-L (12.00)

(9-16) R Rock Replace Full Triple Turn L Rock Replace ½ Shuffle

1,2,3&4 Step R forward, recover to L, full turn triple step RLR

5,6,7&8 Step L forward, recover to R, half turn shuffle over left shoulder L-R-L (6.00)

(17-24) R Cross Samba, L Cross Samba. R Rock Replace, R Coaster Step

1&2,3&4 Cross R over L, rock L to left side replace weight to R. Cross L over R, rock R to right side, replace weight to L

5,6,7&8 Rock forward on R replace to L, step R back, step L next to R, step R forward

(25-32) Side Behind & ¼ Rock Replace & Step L ¼ Turn, L Cross Shuffle ***

1,2&3,4 Step L to side, cross R behind, step L next to R turning ¼ Left. Rock R forward replace weight to L (3.00)

&5,6,7&8 Step R beside L, step L ¼ turn right replace weigh to R, cross shuffle L over R (6.00)

(33-40) R Side, L Behind, R ¼ Step, L Step 1/2 Pivot, L ¼ Side R Behind, Step L ¼ (R full turn vine with a ¼ on the end)

1-4 Step R to the side, step L behind right, turn ¼ right step R forward, step L

5-8 pivot ½, step L ¼ to the right side, step R behind, step L ¼ to the L (3.00)

RESTART: * Wall 3 (restart at front) & 5 (restart at the back) - Dance up to count 32 then restart dance.**

TAG: At END of wall 4 repeat the last 8 counts (turning 1 & 1/4 vine) this will bring you to the front wall